



# CO-CURRICULAR SPORT MERICI SKI TEAM

## About our Ski Team

The Merici College Ski Team is made up of usually around 30 students, both skiers and boarders, together with Snowsports Coordinators Ms Davis and Mr Heim, current staff members.

We compete with other schools in the ACT Southern NSW Division of Interschools run by Snow Australia.

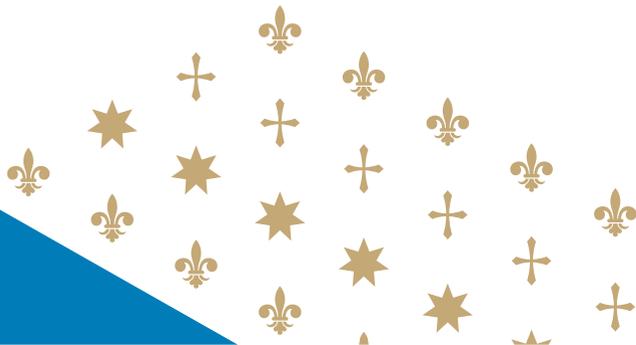
Both coordinators are experienced, 'life-long' skiers and are passionate about snowsports. Both are qualified first-aiders and are there on the snow with the girls for the duration of events, travelling with them to and from the mountain, skiing on the

slopes with them the whole time, and providing organisation and supervision. Together with parents, we give our Winter-Sports team loads of encouragement!

## Participation Requirements

Complete, properly fitted and functioning ski equipment is essential. We have a 'no helmet no ski' policy that is strictly adhered to.

Parents: As Snow Sports is considered to be a high risk sport, we only allow students who are at an intermediate or advanced level to join the team. And whilst plenty of ski tips are on offer, we do not provide



organised ski lessons — the ski resort operators do not permit it.

## Competition

Timed race events for both individual and team skiers and snowboarders, including slalom and ski-cross are held in three divisions for Years 7/8, 9/10 and 11/12. Events are professionally organised and supervised by ACT Interschools and held over four consecutive days, with the opportunity for the highest ranked competitors to go on to compete in Nationals held later in the season.

Our Merici participants have the reputation of punching above their weight in a wide variety of events.

It is a great 5 days and 4 nights, full of competitive spirit, good friends and great fun!

Parents are encouraged to also attend. Your involvement on the slopes is what really adds to the fun atmosphere of this unique College team experience!

## Accommodation

Girls can either stay with parents in their privately arranged accommodation but are strongly encouraged to join the rest of the team and stay in group accommodation. This helps create team spirit and significantly adds to the experience. The College has negotiated excellent low-cost

accommodation rates at the Station Hotel in Jindabyne. It is warm, comfortable, convenient and includes food — which is excellent. Mealtimes are a chance to interact with students from other schools and colleges as well!

## Transport

The team leaves early in the morning at approximately 6:30am to ensure a full day on snow with travel daily up and down the mountain using the ski-tube.

## Cost

The cost of the excursion comprises of an entry fee of \$65 per event. All girls must enter at least one event — plus transport to the snow, accommodation, lift and tube pass (if required and incidentals. For example, girls who already hold a lift and ski tube season pass would not have to pay for these.

The cost of five days depends on individual circumstances and will be finalised and communicated to parents well in advance of the competition.

## Registration

Register your interest now as numbers are strictly limited. Our first meeting for interested students and their parents is held in Term 1 and follow up meetings are held mid-Term 2.

*(Please note: College Fees must be up to date to attend.*



For more information or to register your interest, email either

diana.davis@merici.act.edu.au

adrian.heim@merici.act.edu.au

Please provide both parents' email and mobile telephone contact details.

Please visit the official organiser's website:

<https://www.snow.org.au/home/>