

Captains' Newsletter

Issue #3



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Introduction

Hi Merici!

Welcome back to the Captains' Newsletter!

We're halfway through the year already – isn't it shocking how fast time flies? We've seen netball games, can lines, trivia nights, and so much more. The last two terms have been full of exciting events, and we are proud to report that it doesn't end here. Semester 2, particularly Term 3, are guaranteed to bring even more joy, House spirit, and competition to the Merici College community, and we cannot wait to get started!

We are once again very proud to review some of the amazing events we organised last term and remind you of everything you have experienced and accomplished at Merici this year. We are working hard to continue to do our absolute best in making this a valuable, joyful year! As you read through the following articles we have put together for you all, we hope you look back at Term 2 with pride, and look forward to the rest of Term 3 with excitement. Please make sure to take note of all the tremendous things we have planned for you in the coming weeks!

We would like to reiterate that we cannot do any of this without the support of our incredible staff and all our amazing Merici girls, and we are incredibly grateful for the energy and effort you put into each and every one of our initiatives. This year is all about the joy we can create together, so please do not hesitate to reach out to any of us with your ideas, suggestions, and feedback.

As always, we encourage you to get involved with our respective groups, teams, and committees, and to make the absolute most of the rest of 2025. Here's to another incredible term!

Thank you,

Your 2025 Leadership Team

School Captains

Hi Merici!

It's Term 3 of 2025 already! Term 2 has been full of fantastic events, and we were so grateful for all your involvement and enthusiasm! Bigger, better, bolder, and with even more joy, we're looking forward to another wonderful term with you all.

Saint Angela Merici Day

Saint Angela Merici Day was a fantastic day full of food, laughter, joy and fun! On this day, our first Merici Olympics event, The Amazing Race, involved not only school-related trivia, but also required some brave House representatives to take on some tricky challenges around the college. Competition for the ultimate prize of an early head start in Merici Olympics points saw Ningil come out on top of the leaderboard, very closely followed by all other Houses.



The Merici Olympics

The Merici Olympics continued to heat up with our Recycling Challenge, where we as a college collected over 470 cans to contribute towards the funding of the Sustainability group's brand new recycling station! This challenge saw Ningil maintain their lead, but also saw Penola and Seiya fight their way into the top 3! With our Jeopardy Trivia this week, we will all be watching closely to see whether things get shaken up or if our top Houses continue to extend the gap. To find out, check out the leaderboard now posted in Student Services! Thank you all for your continued participation and stay tuned for our next event! As a reminder, the solving of a Clue Hunt earns you 10 points towards your House. This most recent round saw Penola move into second place as a result of a speedy guess from one of their girls – this amazing opportunity for precious bonus points means you never know who might come out on top!

Marist-Merici Netball Game

Our Marist vs Merici Match was a highlight of last term, an event we greatly enjoyed between the two schools that not only maintained valuable connections but also showed Marist who's boss. Winning by 1 point, our Merici Captains fought hard for the victory, and we could not be prouder. It can be a challenge to organise events between the two schools, so this day was a huge win for both the Merici and Marist College Captains, and we were so happy to share it with you all! We were thrilled to see so many girls come and spectate the game and cheer on their leadership team. We are incredibly grateful for your support and would love to see this social netball match become a tradition between our two schools for many years to come.



Year 12 Retreat



In Week 2, our year group went on our tradition Year 12 Retreat. This time was an opportunity to celebrate our cohort and reconnect with one another as we prepare to go our separate ways. We wanted to make some space in this article to mention this occasion, as it marks a significant milestone in our college journey. We have been privileged to represent the school in our captaincies, but we are also representatives of our year group. It has been a turbulent few years from Year 7 to today as we faced hardships, experienced joy, and welcomed many new and wonderful members. This retreat highlighted our growth as students, captains, and young women, and was a testament to the value of our time at Merici.

Merici Community Trivia Night

We recently held our Community Trivia Night, where we dressed up with Mrs Taylor as the iconic trio: Cat in the Hat, Thing 1, and Thing 2! We had a wonderful time with multiple rounds of trivia, many a raffle, and plenty of exciting mini games and challenges. Thank you to everyone who attended – it was amazing to see our Merici community come together, with students, parents, staff, and board members all joining in on a night of fun and prizes. We would like to once again thank our incredible student volunteers for assisting in running the event and making this night possible. Finally, a huge congratulations to the genius staff members of Merici College who took home the metaphorical trivia trophy as our victors of the evening!



2026 College Captaincies

Applications for 2026 College Captaincies are open! A captaincy is an amazing opportunity that requires thought and care, and is a role we hope all our applicants are highly passionate about. We strongly encourage and warmly welcome any interested Year 11 students to speak with the current leadership team regarding positions, applications, interviews, and speeches. Feel free to reach out, either in person or over emails, as we are all more than happy to help guide you in making this decision and assist you in beginning your college leadership journey. We are all eagerly looking forward to seeing who our incredible successors will be!

Remember to keep an eye on the official @mericileadership Instagram page to keep up with our 2025 Leadership team, including all events and announcements. As your representatives, we genuinely value your input and ideas – be sure to email us at davidslr@merici.act.edu.au and crickz01@merici.act.edu.au with any suggestions, feedback, ideas, or requests!

Thank you everyone and looking forward to another exciting term!

Laura and Zoe



Balgo House

Welcome to Term 3!

We hope you had a relaxing break because we're back – and ready to bring even more Balgo energy to Term 3! As your House Captains, we are so proud of everything we've achieved so far in 2025, and we're excited to keep the momentum going.



Term 2 Recap – Yellow and Proud!



Last semester we saw the Balgo girls show up to their carnivals in style! The theme, the outfits, the spirit – unmatched. We were loud, proud, and everywhere! So much yellow in the pool, on the field, in the stands, and on the podiums. Finally, Term 2 saw us finalise our House Exec Team. With our incredible 2025 Exec members are locked in, we would like to extend a huge thank you to everyone who stepped up to lead. We can't wait to create more magic with you! Meetings are now Wednesday week A in the CRLC. The support, energy, and involvement from you lovely Balgo ladies have made it all unforgettable.

What's Coming Up in Term 3?

Balgo House Week – Coming up in Week 9! Mark your calendars – we've got a full week of fun, games, and yellow pride coming your way. Expect lunchtime activities, treats, and opportunities to celebrate all things Balgo!

Merici Olympics – fun activities are scattered around the school, let's win this thing and get points!

We're planning some extra surprises for Semester 2: think chill social events, mini challenges, and creative competitions. Stay tuned!



Stay Connected

Don't miss out on updates, event info, and all the Balgo spirit – follow us at @balgothousemerici.

Questions? Suggestions? Just want to chat? Feel free to email us at kingsa01@merici.act.edu.au and marchac@merici.act.edu.au.

Keep that Balgo spirit alive girls! Term 3 is going to be fun, vibrant, and full of chances to shine. We're proud to lead such a strong and inspiring group of girls here at Merici College, and we're just getting started. Let's finish 2025 with even more colour, pride, and connection. Go Balgo Bosses! 🙌🌟

With love,
Annie & Cory 💛

Brescia House

Hello Merici!

We are excited to share with you everything that has been happening in our amazing community over the last term.

First off, we want to extend a very warm welcome to our brand-new House Coordinator, Mr. Spencer! We feel incredibly lucky to have his energy and passion join the Brescia team, and we can't wait to see how he helps guide our house for the rest of this year. At the same time, we had to say a bittersweet goodbye to our beloved Ms. Tillack, who has moved to Daramalan. Her dedication, warmth, and endless support will be missed dearly, but we know she will continue to do incredible things at her new school. We wish her all the best!



Saint Angela Merici Day

Another absolute highlight was Saint Angela Merici Day, a day that perfectly captured the spirit of Brescia! The day began with a beautiful and meaningful Mass, reminding us all of the values that bring us together and guide us in everything we do. Following that, the celebrations kicked off in full swing. Brescia ran a Drinks Stall that sold out faster than anyone expected. The Just Dance competition brought laughter and some seriously impressive moves, while the Photo Booth was buzzing with smiles, silly poses, and memories captured all day long. And let's not forget the Lolly Bar, which was an absolute favourite, huge thanks to all who helped run these events!



Legally Blonde Junior the Musical

We want to shine a huge spotlight on all the incredible Brescia girls who took part in the Legally Blonde Jr. musical. Whether they were dazzling us on stage, working behind the scenes, or helping out backstage, the hard work and dedication was truly inspiring. It was so amazing to see our House members come together, showcase their talents, and represent Brescia with such pride. You have made us very proud!

What's On Term 3

We are also thrilled to introduce a brand-new initiative this year: the Brescia Pyramid! This exciting competition is based around our pastoral care (PC) groups, which are ranked each week on participation, spirit, and overall involvement. The top PC group at the end of the year will earn an exclusive party as their reward! We've already seen some fantastic commitment and enthusiasm, and we're looking forward to celebrating the winning PC.

As House Captains, we feel so lucky to be part of such a vibrant and supportive community. The energy and spirit we've seen so far this year give us confidence that the rest of 2025 is going to be unforgettable.

Don't forget, you can keep up to date with all things Brescia by following @BresciaHouseMC on social media.

We look forward to what the rest of the year will bring!

Eliza and Rachel 💜

Ningil House

Hi Merici!

Welcome back to Term 3! We hope you had a good holiday and are ready for the term ahead.

Last Term

Term 2 was a big one, ending on a high note with our amazing Ningil House Week. It was great to see so many people involved and supporting the House. These moments really highlight the sense of teamwork and connection in our House, and the incredible spirit you girls bring to the table. Thank you so much for your participation and enthusiasm in our events and carnivals this last semester.



Merici Olympics

We have had truly excellent results in the Merici Olympics so far! At the moment, we are at the top of the leaderboard! An outstanding effort from everyone who has competed, supported, or simply been there to cheer others on. The competition isn't over yet, so keep getting involved where you can. Every effort, big or small, helps us stay ahead. We will make sure to keep you updated throughout the term about upcoming events so you can get involved!

House Assembly

A reminder that House Assembly is every Tuesday morning in the gym. This is our time to share updates, celebrate successes, and make sure everyone is informed. For the Ningil House Exec, please keep an eye out for meeting notices, your leadership and ideas make a real difference.

Social Media

Make sure you follow @ningilhousemerici for any updates throughout the term. You can also follow the school social media @mericanberra for event photos, important dates, and updates throughout the term.

Let's make Term 3 another strong one for Ningil House!

Tara and Evie ❤️



Penola House

Welcome to Penola

Hey Merici! We are so excited for Term 3 and can't wait for the amazing term ahead!

Term 2

Last semester was filled with excitement, achievement, and a wonderful display of our Penola Spirit. One of the standout moments was the incredible response to the St Vincent de Paul Can Line appeal. The crazy amount of cans donated was nothing short of amazing and showed just how big a difference we can make when we work together! Your contributions will go a long way in supporting those in need. And a huge thank you to everyone for making Penola Week such a fantastic celebration! From our amazingly decorated corridor and flex space to our exciting trivia rounds in PC! The final trivia scores were super close, with a hot chocolate for the winners during PC on the line, a big congratulations goes to Penola 5 for their impressive win!



Upcoming Events

Merici Olympics: The exciting Merici Olympics are officially underway! Penola has already had a huge success in the first few rounds, and we can't wait to keep up the hard work. Make sure to keep your eyes peeled for clues about the next round in the lead up to each round, guessing them correctly can earn us an extra 10 points! Remember, everyone can get involved so bring your Penola pride and compete!

House Meetings: Don't forget that we have Penola House meetings every Friday morning during PC. This is a great opportunity to connect with your fellow Penola members and hear important announcements.



Penola Exec

Our amazing exec team meets every Thursday in week B at lunch. If there is anything you would like to discuss, or any ideas you would like to share, please come along!

Instagram

Don't forget to follow us on Instagram @PenolaHouse to stay up-to-date on all the latest news, announcements, and exciting events happening in Penola.

We're looking forward to another amazing term, filled with fun, collaboration, and Penola pride!

Carmela and Lucy! ❤️

Seiwa House

Hi everyone!!



Term 2

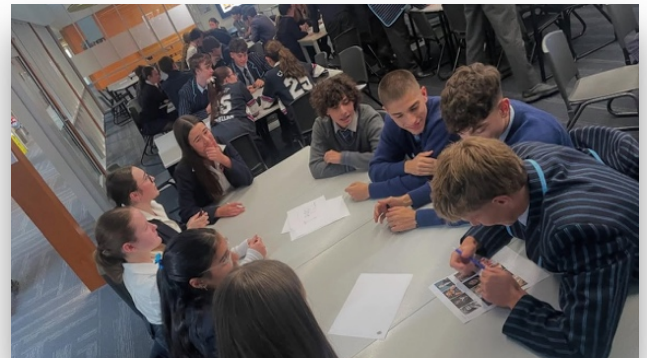
Last term was a busy one! Yrs 10, 11 and 12 had their exams at the end of the term which everyone should be so proud of themselves 🎉🎉🎉.

Saint Angie Day

So proud of all of the Seiwa girls that helped contribute to the day. Particularly our stalls; GOODBERRIES, NOODLE HOUSE and CO, and THE DISCO. We were able to raise an amazing amount of money and couldn't be happier with how the day went. Hope everyone enjoyed their day.

Seiwa x McMahon Trivia Night

In May our Seiwa girls got to enjoy a fun-filled night with the McMahon house boys. There was multiple rounds of trivia throughout the night, split up by icebreaker games. The night was spent making connections and new friends with fellow Seiwa students and the McMahon boys. We can't wait for our second event with them this year coming very soon.



Captains Netball Match

Jess and I got the opportunity to play in the captain's match against the Marist captains. We had lots of fun and ending up winning – the cherry on top!



CAN LINE

Although the can line was not a competition this year, it didn't stop Seiwa from putting in an amazing effort and having the longest line. Ultimately, we are proudest of our girls because they donated so many cans for those in need and we couldn't be prouder to say Seiwa had the most cans. The Seiwa girl or better known as the compassionate girls.

Term 3

LEGALLY BLONDE MUSICAL - We are SO PROUD of the Seiwa girls that took part in the production of Legally Blonde, you all did amazing.

SEIWA HOUSE WEEK – Week 7 we get the absolute pleasure of enjoying Seiwa house week, we have lots of fun activities and stalls planned for the week which we can't wait for the Seiwa girls and the rest of the school to get involved in.



MERICI OLYMPICS TRIVIA – Another round of Merici Olympics just passed up very soon. We were so proud to see all the Seiwa girls getting involved. Just before this round we were sitting in 3rd place with 304 points! To check out where we are sitting now, head down to the leaderboard in Student Services. We can't wait to see us rise into 1st place in the next few rounds of Olympics!

YEAR 10 SOCIAL – We look forward to seeing our Seiwa yr 10s enjoy their social and can't wait to see them all dressed up. Have the best night girls!

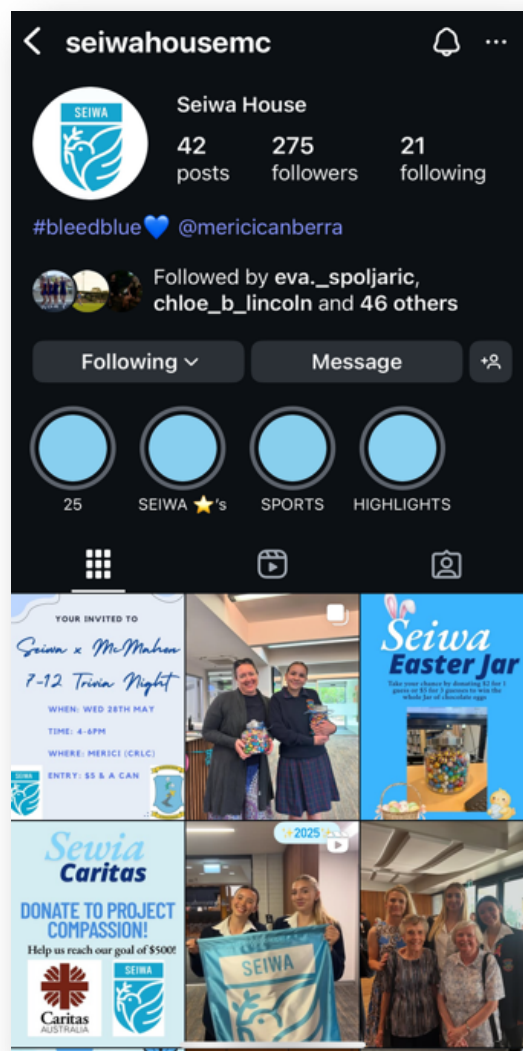
Social Media

Don't forget to give the Seiwa House Instagram a follow if you haven't already! You can find us as @seiwahousemc. We update you with coming up events at school and love to show off our Seiwa Spirit!

We look forward to updating you soon, but that's all for now!

Lots of love,

Mia & Jess 💙



Tullow House

Hey Tullow!



Wow!! We honestly cannot believe how fast Semester 1 went—it feels like just yesterday we were standing up at our first house assembly, a little nervous but so excited to lead Tullow. Since then, we've felt so supported, inspired, and truly proud to be part of a house that truly feels like our family. As we head into our last semester as captains, we're feeling a bit emotional but mostly grateful—for all the laughter, teamwork, and spirit you've brought. We're so ready to give it our all and make the rest of the year unforgettable. Thank you for being the heart of everything we do. Here's a look back at the special moments we shared last term.

Saint Angela Merici Day

Saint Angela Merici Day was a huge success for Tullow! We kicked off with the Merici Olympics, where we worked together, cheered each other on, and gave it our all in every challenge. From there, we jumped into our house-run activities—Prize Pong, Roll for Riches, and our famous BBQ—all led by Tullow students and PC teachers who brought so much energy and enthusiasm! A huge shoutout to Maria and Ms Jones for keeping the BBQ sizzling all day. The laughter, friendly competition, and unbeatable Tullow spirit made Angela day unforgettable. And we couldn't have done it without every single Tullow-ian pitching in, getting involved, and making Tullow the incredible community it is. Here's to more fun, teamwork, and memories in Semester 2—let's keep this energy going!

Can Line

Later in the term, Tullow came together to support the Vinnies can line!! We organised a bake sale that was a huge hit – where students and staff alike enjoyed a wide range of delicious treats, helping us raise valuable funds for the cause. But the generosity didn't stop there! Each Tullow PC got involved by bringing in canned goods and other donations, which helped boost the can line and made a real impact in our community. Thanks to everyone who baked, donated cans, and pitched in—your kindness and effort truly made a difference. We're so proud to lead such a caring and giving house. Tullow's generosity, compassion, and community spirit shone through every step of the way.



Social Media

Stay connected and follow our journey at @tullowhousemc, where we post event highlights, upcoming activities, and plenty of opportunities for you to get involved. Thank you for being the energy and spirit that makes Tullow so special. We couldn't do it without every single one of you.

#TullowThrive2025

Ava & Claire 💚

Arts

Hello everyone! Let's bend, snap, and dive straight into this issue's Arts updates!

Term 2 – Events, Activities & Highlights

Last term was nothing short of amazing and pink!

🎭 Legally Blonde Jr. Performances

Our Legally Blonde Jr. shows were a total hit, and audiences loved every minute! The cast delivered incredible performances, full of energy, humour, and heart. A massive thank you to our amazing teachers, tech crew, and everyone who helped bring Elle Woods' world to life on stage. You absolutely proved that being true to yourself never goes out of style! The shows spanned over four days, with two school performances and five shows to the public with record-breaking attendance.

"Best show I've seen in years!" – Parent

"10/10, already got tickets to tomorrow night's show." – Students



"Stars in the making for sure." – Parent

Check out the musical program at:

<https://sites.google.com/merici.act.edu.au/mercilegallyblondemusicaljr25/home>

🎨 Legally Blonde Jr. Poster Competition

Congratulations to Stella Gresham, our poster competition winner, whose design perfectly captured the sparkle and sass of the production. Check out her awesome design →

🎨 Merici Arts Week

We also celebrated Arts Education Week in style with Merici Arts Week – a vibrant showcase of creativity across music, drama, and visual art. We had the instrument petting zoo, colouring in, music across the school, just dance, and the amazing photobooth. Keep an eye out on emails to get access to those photobooth photos soon.



What's Coming Up in Term 3?

Keep an eye on your emails and follow us on Instagram for exciting announcements from the Merici Arts world – we've got some fresh projects and performances in the works!

Join the Fun – Music Groups!

Whether you sing, play, or just want to be part of the action, now is the perfect time to get involved:

- Vocal Group – Monday lunch in the music rooms
- Jazz Band – Contact Mr Luck to join
- Concert Band – Monday afternoons

Bonus: All of these groups will be performing at Floriade – so join

ASAP to be part of the show! For more info, email ryanis01@merici.act.edu.au or Byron.Luck@merici.act.edu.au.



Follow Us on Social Media

You can keep up with us on Instagram at @Merici_Arts – now rocking a Legally Blonde-themed profile pic! Stay tuned for all updates and photoshoots from the world of Merici Arts.

Stay creative, stay inspired... *What, like it's hard?*

Belle Ryan

Culture

Hey everyone, welcome back to Term 3!

I'm so excited to continue promoting and organising the amazing cultural events and initiatives that make our school community so vibrant and unique.

Goals for Term 3

This term, my main focus is to create more opportunities for our Culture Council, encourage greater involvement from everyone, and bring more awareness to the cultural richness within our school. I want the Culture Council to be a truly open space for collaboration—somewhere where every student feels welcome to share their ideas, traditions, and perspectives.

Upcoming Cultural Dates

- **Enkutatash (Ethiopian New Year)** (11 September)
The New Year in Ethiopia and Eritrea, celebrated with music, dancing, and the giving of flowers.
- **Rosh Hashanah** (22–24 September)
The Jewish New Year, a time for reflection, prayer, and the sounding of the shofar.
- **Yom Kippur** (1–2 October)
The holiest day of the Jewish year, observed with fasting and repentance. Many Jews refrain from work and attend synagogue services.
- **Chuseok** (6–8 October)
A major Korean holiday celebrating a good harvest, family gatherings, and the full moon as a symbol of harmony and good fortune.
- **Tsukimi** (6 October)
A Japanese holiday honouring the beauty of the full moon, symbolising togetherness and hope for good fortune.



Get Involved!

To join the Culture Council, send an expression of interest to giragss@merici.act.edu.au or simply drop by during a meeting – Wednesday lunch time, Week A. To stay up to date with everything culture-related, follow our Instagram: @mericollege.culture.



Thank you,

Sesadi Giragama

Narragunnawali

Welcome to Term 3!

In term two we continued our great start to the year. I would like to thank everyone that got involved with us on Angela Merici day, our popcorn stall was a hit, and we raised money for Yeddung Mura Aboriginal Corporation. We appreciate everyone that donated. This is an amazing organisation that we plan on continuing to make contributions to. If you want to get more involved or learn more about Yeddung Mura check them out at <https://goodpathways.org.au/>.

Reconciliation Week

During the term we celebrated Reconciliation week by hosting events such as, a movie, chalk art and of course our popcorn stall. As mentioned, the popcorn stall was our biggest accomplishment of the term. The other events that we hosted had limited attendance, for future events and activities, it would be great see more involvement from everyone.



NAIDOC Mass

This term we have started with a bang by attending the Catholic Education Canberra Goulbourn NAIDOC mass. This was a great service starting with the Welcome to Country from Aunty Selena Walker. Following the Mass, awards were presented to Indigenous students in the archdiocese that have stood out and their accomplishments. I am very proud to be one of the recipients of these awards for my leadership. I could not have achieved this without the support and help of the Mob girls. Thank you all.

In addition to this a special lunch was held in the school restaurant the Bridge, it was well attended by students and parents, this meal included native ingredients.



Social Media

To keep track of what we are doing follow along on our Instagram @mericinarragunnawali.

Thank you and I can't wait to see what else is in store for this exciting term.

Lauren Cullen

Social Justice

Welcome to Term 3! The Social Justice Team have been working very hard so far this year, and we have a lot of events coming up this Term that we are excited to share with you all!

Recap of Term 2 in Social Justice

Vinnies Can Line: This year Merici College hosted our annual can line, contributing over 2000 cans of food to local families in the ACT region and surrounds via St Vincent de Paul. Thank you to the houses and wider community for your efforts in contributing to such a good cause!



Vinnies Winter Sleepout: As a school we successfully, participated in the Vinnies Winter Sleepout with over 60 students and staff sleeping out overnight, raising awareness for homelessness in the ACT. As a school community, we raised over \$4000 for Vinnies as well. Thank you to everyone who participated and donated or raised awareness, it was great to see Merici represented supporting such a good cause!



DonateLife Week Launch: This year, Merici College hosted the launch of DonateLife Week 2025 and a major milestone, 50 years of organ donation in the Territory. This event was attended by Minister Rachel Stephen-Smith, Minister for Health and many other esteemed guests, media, staff and students from colleges and politicians as well as the Taylor Family, whose daughter Annette, former Merici student, was the first organ donor in the ACT. It was a privilege to host this event and honour the importance of organ donation to save lives.

Thank you to the girls who represented Merici at the many external volunteering and service events and opportunities!

How to Get Involved

Email me (jergalc@merici.act.edu.au) with any questions or to sign up! We meet on Tuesdays every fortnight (Week A) in the CRLC 204.

For volunteering opportunities refer to the SEQTA notices and your emails, and follow along with our work on Instagram at [@angelasangels_mc](https://www.instagram.com/angelasangels_mc). I look forward to a busy and rewarding final Term as Social Justice Captain!

Lucy Jerga



Spirituality

Welcome back to term 3! Term 2 was an amazing term for spirituality. Thank you so much to everyone who's helped with everything, and everyone who participated in any of our events over the past term, nothing would have been possible without your support! I look forward to a wonderful term 3!

Recent Events

Vinnie's Sleepout

On the 26th of June, we hosted the Vinnie's Sleepout here at Merici, with many students braving the cold night to raise awareness and money for those experiencing homelessness in the ACT. It was amazing to see so many students standing in solidarity!



Can Line

On the 11th of June, Merici College hosted our Can Line as another part of the Vinnie's Winter Appeal, with over 2000 cans collected across the school to support those doing it tough in the winter! This was a spectacular effort, and I'm certain that we made a massive difference in so many lives. Thank you so much to everyone who donated or raised awareness for your compassion and generosity!

Saint Angela Merici Day

We celebrated the Feast Day of our patron saint, St Angela Merici, on the 30th of May. This is one of the most important days in the spirituality calendar, as we reflect on and celebrate the life of Angela Merici, and how we continue to follow her example as students at Merici. Angela Merici was an exceptional woman, striving for excellence in girls' education and constantly growing closer to God through faith and prayer. We held a wonderful Mass celebrated by Fr Renoir Oliver and recognised students for their amazing efforts in Christian Service, followed by celebrations in keeping with our 2025 theme of Joy!

How You Can Get Involved

If you're interested in getting involved in the Merici community and the spirituality space, you're welcome to join Angela's Angels every Wednesday, Week B lunchtime in the CRLC. Send me an email if you're interested! We're all about volunteering, fundraising, and helping around the community!

Looking forward to another amazing term all of you!

Zoe Pearson

Term 3 Youth Group Dates

FRIDAYS-LUNCHTIME-CHAPEL

<u>THEME</u>	<u>DATE</u>
SOCIAL YOUTH	22/08
ALPHA YOUTH	5/09
MAKE A ROSARY	19/09

@ANGELASANGELS_MC

Sport and Wellbeing

Welcome back to Term 3!

We hope you had a restful and enjoyable break. As we step into a new term, it's the perfect time to reset, refocus, and embrace the many opportunities ahead. Whether you're hitting the court, trying a new activity, or cheering on your peers, Term 3 is all about staying active, building connections, and supporting one another through sport and wellbeing.



Looking Back on Term 2

In Term 2, our Merici College Captains had the exciting opportunity to take on the captains from Marist College in a friendly yet competitive netball match. The game showcased not only the sporting talents of both teams but also the spirit of teamwork, leadership, and school pride. It was a high-energy match filled with laughter, great plays, and moments of true sportsmanship. Spectators were treated to a fun and lively atmosphere, with lots of cheering and encouragement from the sidelines. Congratulations to our Merici Captains for securing the win and representing the college with such enthusiasm and positivity. We look forward to doing more events like this in the future!



New Zealand Sports Trip

Over the school holidays, a group of students embarked on an unforgettable sporting and cultural tour of New Zealand, travelling to Christchurch to compete in netball and basketball against local schools. The competition was fierce, with each game offering valuable experience and pushing our students to grow both individually and as teams. Beyond the courts, the trip offered a perfect balance of adventure, learning, and bonding. The group tackled the thrilling heights of Adrenalin Forest, experienced the natural beauty of New Zealand, and immersed themselves in rich cultural experiences that highlighted the importance of connection and respect. Students returned home with not only improved skills and a deeper love for their sport but also lasting friendships and incredible memories. A huge thank you to the staff and organisers who made this experience possible!

Gala Days

A huge well done to all Merici teams who took part in various Gala Days throughout the term! Across a range of sports, our students represented the College with pride, determination, and outstanding teamwork. Your enthusiasm, commitment, and sportsmanship did not go unnoticed, you continue to set a wonderful example for the Merici community. Thank you for giving your all and for showing what it truly means to play with heart and spirit.



Snow Sports

Early this term a group of Merici students travelled to the snow to compete in snow sports, well done to all students who participated!! A special congratulations to Charlotte Williams, Natalie Mather, Kendra Gordan, Imogen Henderson, Matilda Milsom, Esmee Van Florestein and Abigail Van Ballegooyen who performed exceptionally well in their respective events!



A Huge Start to Term 3

This term, the Sports Council is working hard to introduce some exciting new activities to get more students involved, moving, and having fun. Check out what's coming up:

Pickleball Wednesdays: Every Wednesday at lunchtime, head down to the courts for some fun and fast-paced pickleball. It's open to everyone, so bring your friends and give it a go, whether you're a beginner or a seasoned pro!

House Volleyball Competition: Later in the term, we'll be running a friendly house vs house volleyball competition over two weeks during lunch breaks. Gather your friends, form a team, and represent your house in the gym. Bragging rights and house spirit are up for grabs!

Friday Block Walks: Looking for a relaxing way to reset during lunch? Join the Friday Block Walk! Staff will lead a short walk around the school block, just bring your lunch, your friends, and your positive energy. It's a simple way to keep moving, even on slower days.

Stay Connected

Follow us on Instagram! Keep up with all the action, announcements and highlights by following @mericisportandwellbeing. We can't wait to see you all getting involved and making the most of what Term 3 has to offer!

Thank you

A big thank you to everyone who got involved last term and to those already helping make Term 3 a fantastic one. Your continued energy, commitment, and support for one another are what make our Merici community so special. Let's keep showing up with pride, positivity, and team spirit.

Eva Spoljaric

SRC

Hi everyone! Welcome to Term 3.

Last term, the SRC tackled the issue of period poverty and how Merici students can be more mindful regarding the usage of period products.

This term.....

Perfect uniform lucky dip: I would like to say a massive thank you to all students who participated in our lucky dip on Friday the 8th of August. It was a great way to remind students the importance of wearing our school uniform with pride but with a sweet treat.



Period Product Swap with Vinnies and SharetheDignity



Branching off from last term, the SRC are collaborating with Vinnies to help end period poverty in Canberra.

When: Friday the 15th of August in the New Quad

What to bring: Any sort of period products (e.g. packet of pads and tampons) or a gold coin donation (no EFTPOS).

All cash proceeds will go to the charity SharetheDignity and their efforts to help end period poverty in Australia.

All products will be collected by Vinnies.

This is a great and simple way for our school to give back to the community. For all your efforts, students will receive a lollipop for their contribution!



Second-hand Shop

Recently, the school has increased all school uniform prices by 6% due to cost of living. The SRC want to help the Merici community by rebooting our second-hand shop. This is a great way for families to donate unwanted uniforms that students can re-purchase. More information will be sent out later.

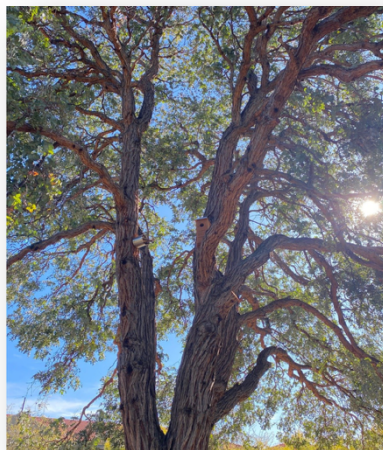
As always, the SRC are here to help! Contact our representatives for any issues or suggestions. And don't forget to follow our Instagram at @merici.src to stay updated!

Regards,

Prue Harlock

Sustainability

Hi everyone! Its Becca from SAM here to tell you all about our amazing sustainability initiatives from Term 2 and get you excited for more SAM in Term 3!



Term 2

Term 2 was a very busy and successful term for SAM, we completed a biodiversity audit of our biodiversity restoration project, did an autumn leaf pick-up and weeding of the project, completed a litter audit of the school and had Icon Water come speak to the group about water care! The inaugural Merici Book Swap was also held in Term 2 and was a great opportunity to pass on old books and pick up new ones.

In addition to such a busy term, after lots of hard work and assistance from the Sustainable Schools Program Merici College has gained their first and second Sustainability Certification. Thank you so much to Felicity Maher our amazing Sustainability Coordinator for all her incredible work and to Sustainable Schools.

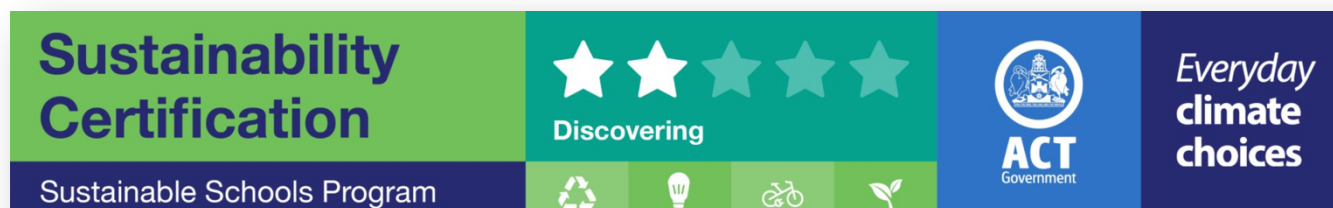
Inter-school Sustainability Captaincy Council

This year, I set up the Inter-school Sustainability Captaincy Council as a way for sustainability leaders across ACT to collaborate on projects and help each other with projects. The first meeting was held at Merici College in Term 2, and the second at Radford College in Term 3. Dakota Robinson, one of our lovely Sustainability members in Year 11, and I attended both meetings and they were a wonderful experience to get to know the other Sustainability Captains in the ACT and collaborate on meaningful sustainability work.



Laudato Si' Week Mass at St. Christopher's Cathedral

On the 17th of May, Dakota and I attended the Laudato Si' Week Mass at St Christopher's Cathedral with Ms. Masters, Felicity Maher and Ms. Harrold-Carter. Alongside representatives from Marist College, we both given the opportunity to read at the mass, which was a wonderful celebration of Laudato Si' Week.



Light Up Lyneham

This term, some of our SAM girls volunteered for SeeChange at Light up Lyneham, assisting the public and local business stalls in proper recycling and sustainable practice. "It was highly enjoyable teaching the community about how they can correctly dispose of waste," says Year 12 Sustainability member Cate O'Rourke about her time at the volunteering opportunity. Thank you so much to all the SAM girls who helped out at the Light up Lyneham event!



Recycling Station for the Merici Community

The hard to recycle station has now been set up between Student Services and the Auditorium. The station allows the Merici community to bring in items that would otherwise go to landfill to be recycled.

Items include:

- blister packs
- 10c containers
- aerosol containers for hair care
- old razors, razor blades and packaging
- clear soft plastic
- 100% aluminium coffee pods
- cleaning product packaging
- e-waste
- bottle caps



Please make sure to use this station so we as a college community can minimise the amount of waste going to landfill!



Get Involved

We host SAM every Friday at lunch! Please send me an email at pricer@merici.act.edu.au if you would like to be added to our mailing list and come along to all of our amazing upcoming events. Make sure to follow @mericisustainability for all our SAM and sustainability related updates!

Thank you everyone and have a wonderful Term 3!

Becca Price

Transitions

Term 2

The start of Term Two was extremely busy. Thank you to all staff and students for their involvement in our 'Be a Merici Girl Days'. Our Merici volunteers helped guide and lead activities throughout those days, leaving a very positive impression on future students.

Additionally, there were lots of talk and tours, and your involvement was greatly appreciated. Whether you were welcoming guests, touring families, or supporting behind the scenes, your contribution helped showcase the spirit and community of Merici College. We are proud to share that the school received excellent reviews from visiting families, who commented on the warm welcome, our incredible students, and the community.

We also hosted our Open Night, one of the most significant events on the school calendar. It was wonderful to welcome hundreds of families to our school. Thank you to all staff and students who prepared such impressive displays and helped out our guests throughout the evening. The atmosphere was vibrant and welcoming, and the feedback from visitors has again been extremely positive.



Upcoming Events

Upcoming events include:

Talk and Tour – Saturday 16 August, 9:00-11:00 (full school uniform required)

Orientation Day – in Term 4, welcoming the 2026 Year 7 cohort

These events are fantastic opportunities to showcase Merici College spirit to prospective students and their families. It is also a great opportunity for angel hours.

Join the Transitions Team

It's not too late to get involved! The Transitions Team is always looking for enthusiastic students who want to help create a welcoming and supportive environment at Merici. We meet every second Tuesday at lunch in the CRLC, where we brainstorm ideas, plan events, and work together to make a positive impact on our school community.

If you would like to join the transitions team please email me at: weengl@merici.act.edu.au

Georgia Ween

