

19 February 2024

Dear Parents and Carers,

Year 7 students will be attending a camp in Week 7 of this Term at The AGH Camps. The details are as follows:

Date: Wednesday 20 March to Friday 22 March

Venue: AGH Camps

Depart: 8.00am for 8.30am departure. Students are to meet in the AUD when they arrive at the College.

Return: Approximately 3.00 pm

The Year 7 Camp is an excellent opportunity for students to develop relationships with their peers and enjoy diverse experiences outside of the formal school setting. It is expected that all students will attend the Camp. Students will be involved in various activities at the Camp for which all equipment will be provided. The cost of the Camp is included in Term One school fees and covers all expenses including activities, accommodation, meals, and transport.

Food for the trip

All meals and delicious snacks will be provided. Students are asked to bring morning tea for the first day. Students will need to have access to these in a day pack.

Cabin Allocation and Activities Groups

Students will stay in cabin style accommodation. Each student will share cabin and activity groups with students from their own PC and House group. The aim is to make every student feel comfortable and to have the opportunity to make new friends. Students will be participating in various activities including, bush hike, low ropes, high ropes, orienteering, team building challenges and initiatives. Merici teachers and qualified instructors will supervise all activities.

Equipment/Packing List

A detailed packing list is included at the end of this letter and will also be available on SEQTA.

Electronic Devices

It is recommended that students do not take electronic devices such as phones. If there is a need to contact your child or a member of staff, please contact (02) Students will also be permitted to use this phone to contact parents should the need arise.

Medication

If your daughter requires medication to be dispensed whilst on Camp, please complete and return the relevant forms (also attached) by **1 March 2024**.

Should your child require medication to be administered during camp (including Panadol and Nurofen), please package this in a sealed plastic bag and on the morning of camp and given to your Daughter's House Coordinator.

Epipens and Asthma sprays may be held by the student, but please provide the First Aid Officer with any extra instructions for usage. The bag should be clearly labelled with the student's name and dosage requirements. Please ensure that you have returned the appropriate medication consent forms prior to your child's departure for camp. In an anticipation of increased pollen levels, it is also recommended that if your daughter suffers from hay fever that they bring antihistamine medication.

To confirm your daughter's attendance at Camp, please complete the following form no later than **Friday 1 March 2024**. Please complete the compulsory personal and medical fields.

<https://forms.microsoft.com/r/Ly1bw5785j>

Once the online form has been completed, you will receive a summary of the information provided along with the pdf copy of the consent form.

We anticipate that the Year 7 Camp will be a positive and memorable experience for each student in the year group. Normal College conduct will be expected, and the AGH safety rules will also apply. Parents will be contacted and asked to collect their daughters if any serious misbehaviour occurs.

With this letter you will find a copy of the following attachments

Attachment	Action	Return by date
Permission form	Please complete online. https://forms.microsoft.com/r/Ly1bw5785j	Friday 1 March
Medication Authorisation Form	If applicable, parent to complete, sign and return the hard copy form to your Daughter's House Coordinator. Medical Authorisation Form On the day of departure for camp hand the medication (clearly labelled with student name and dosage requirements and packaged in a sealed plastic bag) to the designated First Aid officer. (Asthma sprays may be held by the student).	Friday 1 March Wednesday 20 March.

If you have any queries regarding your daughter's participation in the Camp, please do not hesitate to contact your daughter's House Coordinator.

Balgo House – Mr Dayne Spencer dayne.spencer@merici.act.edu.au

Brescia House – Miss Jess Tillack jessica.tillack@merici.act.edu.au

Ningil House – Mrs Rebecca Casey Rebecca.casey@merici.act.edu.au

Penola House – Mr Damian Brogia Damian.borgia@merici.act.edu.au

Seiwa House – Mrs Louisa Barnsley louisa.barnsley@merici.act.edu.au

Tullow House – Mrs Emma Kennedy emma.kennedy@merici.act.edu.au

Suggested Packing List:

3 x T-shirts (no mid-riff or sleeveless shirts allowed)

3 x pairs of shorts

2 x long sleeve shirts or jumpers

2 x pair of long pants for cold weather

Spare socks and underwear

Hat or cap

1 x raincoat

Pyjamas

1 x pillow and pillow case

1 x sleeping bag or sheet/s with blanket

1 x water bottle (1 litre capacity minimum)

Insect repellent and Sunscreen

2 x pairs of sensible joggers or boots (1 old pair that you can get wet – no thongs!)

2 x plastic bags to put your dirty or wet clothes in

Toiletries

2 x towels (1 for outdoors, 1 for showers)

Swimmers