

29 July 2019

Event	Year 7 Marist Merici Respectful Relationships Days		
Location	Merici College		
Date	12 August or 13 August 2019	Time	9.00am – 3.07pm
Transport	N/A	Uniform	Correct PE uniform
Cost	Nil	Contact no.	6243 4100
Return of note/money	N/A		

Dear Parent/Guardians,

Year 7 2019 students have an exciting opportunity to participate in an inaugural combined Marist College and Merici College day on 12 August or 13 August 2019. Entitled 'Respectful Relationships', this is a new initiative designed to bring the brother-sister schools together for a day which includes ice breaker games, Youth Ministry activities and a 'Choices, Decisions, Outcomes (CDO)' relationship building session. Youth Ministers of both colleges, staff and a team from the 'Marriage, Family and Relationships, Catholic Archdiocese of Canberra and Goulburn' will facilitate the sessions.

A team from the Archbishop's Office for Evangelisation will be coming to the Merici-Marist retreat day to present the Choices, Decisions, Outcomes personal development program to our Year 7 students. The 90-minute program includes a whole group presentation and small group discussions lead by trained facilitators.

The topics covered will include:

- Valuing yourself as a unique, unrepeatable, amazing creation. This includes looking at development in the womb.
- Valuing your individual tastes, talents, principles.
- The importance of good friendships and the qualities which make someone a good friend.
- Respectful friendships between boys and girls and thinking ahead to make wise choices about exclusive relationships.
- Tips on how to develop well rounded, healthy relationships with others.

If you have any further questions about the Choices Decisions Outcomes program, please feel free to contact course coordinator Lara Kirk, who, apart from being a trained educator, is also a Catholic parent of 5 children, in their teenage and young adult years, and so shares the concerns of many parents about approaching these topics sensitively and respectfully. Lara can be contacted at lara.kirk@cg.org.au or on 0429 192 869.

To help facilitate the sessions, the Year 7 cohorts will be divided into two groups and will attend one of the two days, either 12 or 13 August. Your daughter will be advised which day she is attending. The outline of each day is as follows:

MORNING PC Merici College students

Session 1 9.15am: Marist College students arrive, whole group Plenary & ice breakers (Auditorium)

RECESS 10.15am

Session 2 10.45am: Group A Choices, Decisions, Outcomes (CRLC) & Group B Youth Ministry (Auditorium)

LUNCH 12.15pm

Session 3 12.45pm: Group A Youth Ministry (Auditorium) & Group B Choices, Decisions, Outcomes (CRLC)

Session 4 2.15pm: Whole group final reflection, Marist College departs and Merici College further reflection

CONCLUSION 3.07pm: Merici College students depart

All students are asked to bring their own recess and lunch. Recess and lunch times will be different to normal meal break times and canteen will not be available.

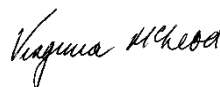
Please remind your daughter that appropriate behavior is expected at all times as she is a representative of the College.

For further information, please do not hesitate to contact us on 6243 4100, or by email. before the incursion.

Yours sincerely,



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