



Merici College – Year 9

Urban Challenge

Online Information & Medical Form

Dear Parents and Caregivers

The Merici College Year 9 Urban Challenge will run from Wednesday 19th to Friday 21st October 2022.

A 3 day program filled with fun and adventure, the students will be involved in an unfolding journey taking them around the Sydney CBD and surrounding suburbs. They will organise their own food, travel and selves as they navigate and negotiate their way across the city. The students will learn about team work and real-life lessons (such as public transport won't wait for the slow team!) whilst being supervised by a school staff member and guided by an Urban Challenge Guide. All this will happen while with friends and learning skills and methods in self-sufficiency, leadership and followership, team responsibility, and much more.

We have created a private page for your school on our website where you will find all the information about our program and how to register your child/ward's details for the Challenge. Please use the information below to log in and fill out the required details.

During the program this private page will allow parents/guardians the opportunity to watch the progress of the teams and play along to help their child/ward's team earn extra points. Using the same login details below (so please keep this in a safe place) parents access challenges, read the teams' daily blogs and view photos and videos of the program. This portal will be open closer to the program and remain open till long after it is finished.

At the end of the Challenge, students and parents alike will be able to log in here to download the images from the program.

How to access the Merici College private page on our website and complete the personal and medical details:

- Go to www.theurbanchallenge.com.au
- Click on 'Log in' and login with:
- Username: meriurban
- Password: meri2022
- Information about the program will appear here.
- Please then complete the compulsory personal and medical fields.
- If you choose to purchase any gear for the Challenge from us, full payment will be required at this time.
- Once the online program form has been completed you will receive a summary of these details onscreen and be emailed this information along with our consent form which you will need to sign and return to the school coordinator by the specified date, please also save these summaries for your own records.

Please navigate our website for further information about The Urban Challenge.

We are looking forward to seeing the students on The Urban Challenge!

The Urban Challenge Team



Dear Parents and Carers

ADMINISTRATION OF MEDICATION – YEAR 9 URBAN CHALLENGE

I am writing to advise that any student who requires medication to be dispensed during school hours or whilst on excursion, must have the attached Request to Dispense Medicine form (Form 1) completed by a parent/carer and returned to the College. This includes any medications such as Epipens, headache or hay fever tablets which will be taken to camp for daily or occasional use.

Any student who requires Schedule 8 drugs to be administered during school hours or whilst on camp, must have the attached forms (in addition to Form 1 mentioned above) completed by a parent/carer and returned to the College:

Form 2: Notification and Request by Parent/Carer for the Administration of medication during School Hours – Schedule 8 Drugs only

Form 3: Deed of Indemnity (Schedule 8 Drugs)

Schedule 8 drugs are listed by the Pharmaceutical Benefits Scheme and include all medications used in the treatment of Attention Deficit Disorder (ADD) and Attention Deficit Hyperactive Disorder (ADHD).

It is the responsibility of parents/carers to ensure that medication held by the College for their daughters is in date. Any medication dispensed at school or on excursion must be supplied in the container in which it was purchased from the pharmacy, must be clearly labelled with your daughter's name, and include the name of the drug, the dosage and frequency with which it is to be given and the prescribing doctor's name and phone number.

Please note that without the signed forms, staff will not be able to dispense medication to your daughter whilst on excursion. These forms should be returned by daughter to her House Coordinator by Friday 23rd September 2022.

The required medication is to be handed to the designated First Aid officer on the morning your daughter departs for the excursion. Should you have any queries regarding the above, please email Kate Durham, Deputy Principal Wellbeing (kate.durham@merici.act.edu.au).

With kind regards
Anna Masters
Principal

FORM 1
REQUEST TO DISPENSE MEDICINE



To be completed by Parent or Carer

I request that my daughter: _____

(Full name of student)

PC _____ be given / allowed to take

(Name of Medication)

at _____ (times)

in dosages of _____ (ml or tablets) _____

For the Medical Condition: _____

Any other relevant comments: _____

Please note: It is the responsibility of parents/carers to ensure that all medications are in date. All medication supplied to the College must be in the container in which it was dispensed. It must also be clearly labelled with:

- your daughter's name
- the drug's name
- the dosage and frequency to be given
- The prescribing doctor's name and phone number

Parent/Carer name (please print) _____

Signed: _____ Date: _____

FORM 2



Notification And Request by Parent/Carer for the
Administration Of Medication During School Hours –
Schedule 8 Drugs

To be completed by Parent or Carer

I request that my daughter: _____ (Full name of student)

PC Class _____

be allowed to take medication at school according to instructions from:

(Full name of Prescribing Doctor)

(Address and phone number of Prescribing Doctor)

The medication has been prescribed for the following reason:

I hereby give permission to the Principal to obtain relevant information from the Prescribing Doctor.

I accept and agree to observe the conditions imposed by the school and understand and agree that it is my responsibility to inform the Principal of any changes involving the administration of the medicine. I agree to indemnify the school and related parties on the terms of the attached Deed of Indemnity.

Please note: It is the responsibility of parents/carers to ensure that all medications are in date. All medication supplied to the College must be in the container in which it was dispensed. It must also be clearly labelled with:

- your daughter's name
- the drug's name
- the dosage and frequency to be given
- The prescribing doctor's name and phone number

Parent/Carer name (please print) _____

Signed: _____ Date: _____



FORM 3

DEED OF INDEMNITY (SCHEDULE 8 DRUGS)

In consideration of the members of staff of Merici College, at my request administering medication to my daughter:

Full name of student: _____ PC _____

I hereby indemnify and agree to keep indemnified the Catholic Education/Schools Office and its employees and agents, and Merici College and its employees and agents, including the teachers and other staff of the school, from and against all actions, suits, claims, demands, complaints and causes of action (including for or in respect of death, personal injury or any alleged infringement of the rights of any person) and the costs thereof in respect of or arising directly or indirectly out of such administration of medication.

Signed, sealed and delivered by the said:

Parent/Carer name (please print)

Signature of Parent/Carer

In the presence of:

_____ Date _____

Witness (please print name)

Signature of Witness

The Urban Challenge

EQUIPMENT LIST

The following is a recommended equipment list for students attending The Urban Challenge.

Please note items in bold are essential for your well-being.

Wear comfortable clothes - no singlet tops or short shorts.

While completing the challenge you will be staying in youth hostels each night - linen, pillow cases and blankets are supplied.

Gear should be packed in a back pack (your school backpack or rucksack of similar size). Shoulder bags and suitcases are not suitable.

It is important to pack minimal gear as you will be carrying your backpack each day throughout the Challenge.



- > **Rain jacket** - Essential and must be waterproof.
- > **Footwear** - Shoes that are sturdy and comfortable for walking all day. Thongs may be brought to wear in the shower.
- > **Sun hat** - Compulsory. We recommend a soft hat with a wide brim or peak and cape.
- > **Water bottle** - Must be refillable and at least 600ml.
- > Long sleeve shirt & long pants - For sun protection and evening warmth.
- > Polo shirts or T-shirts.
- > Jumper/fleece - Not too bulky.
- > Socks & underwear - One set for each day.
- > Tracksuit/PJs - To sleep in.
- > **1 pack towel - We will supply a pack towel for all students do not bring any other towels.**
- > Swimming costume - You may have the opportunity to swim throughout the Challenge.
- > Water shoes - Enclosed footwear suitable for water activities (eg: aqua shoes, canvas shoes)
- > Head torch - This may come in handy where you are staying.
- > Toiletries - Don't go overboard as all items have to be carried.
- > Sun screen - Bring a small tube.
- > 2 large garbage bags - For wet gear and waterproofing .
- > **Student ID** - You will receive a student OPAL card for the duration of your Urban Challenge - you will need ID in case your card is checked by an inspector.



Medications: All medications should be listed on the medical form supplied by the school.

Food: Please do not bring any sweets or junk food to The Urban Challenge - there will be plenty of meals to keep you going.

Valuables: Please do not bring the following - mobile phones, your own money, electronic games, iPods, expensive jewellery as we are not responsible for lost items.

Contacts: For general enquiries call our Sydney office on 02 9483 9333 during business hours. If after hours contact is required, please call the office line for the listed number for your program.



12 September 2022

Dear Parents/Carers,

Before the pandemic, a highly successful Urban Challenge program was organised for our Year 9 students. The feedback from Year 9 students who participated in the program was overwhelmingly positive.

The Year 9 Urban Challenge consists of an innovative and adventurous program designed to engage students in the urban landscape of Sydney and its surroundings. Students will operate in small teams of approximately 15, each taking on the responsibility of a specific role within the group. Teams are required to complete a series of challenges and activities, embarking on an unfolding adventure that takes them through Sydney. Students are given the freedom to make their own decisions. This includes being responsible for navigating their way around, buying and cooking food, solving clues and managing a team budget.

The Year 9 Urban Challenge will take place over three days in Term Four – Wednesday 19th to Friday 21st October 2022 and is a compulsory activity. Fees for the camp will appear on Term 4 fee statements.

Urban Challenge has created a private page for our College on their website where information can be found about the program. Registering your daughter's personal and medical details for the Urban Challenge is also a section. Please use the information below to log in and fill out the required details. Once this information is submitted, parents/carers will receive an email containing a consent form which needs to be printed, signed and returned to the College by Monday 19 September 2022.

To access the Merici College – private page on the Urban Challenge website and complete the personal and medical details:

Go to www.theurbanchallenge.com.au.

Click on 'Log in' and log in with:

- Username: meriurban
- Password: meri2022

Information about the program will appear here.

Please then complete the compulsory personal and medical fields.

Once the online program form has been completed you will receive a summary of these details onscreen and be emailed this information along with the consent form, which you will need to sign and return to your daughter's House Coordinator. Please save these summaries for your records.

To confirm your daughter's attendance, this online document must be completed by Monday, 19 September 2022.

During the program, the private page will allow parents/carers the opportunity to watch the progress of the teams and assist to help your daughter's team earn extra points. Using the same login details, listed above, parents/carers can access challenges, read the team's daily blogs and view photos and videos from each day. This portal will open closer to the program and will stay open long after it has finished so that students and parents can download images from the program.

Parent Information Session:

On Tuesday 20 September there will be an opportunity to hear Paul Colagiuri talk in detail about the Urban Challenge. The meeting will be via team from the comfort of your own home commencing at 5.30pm. This information session is for parents and carers only.

[Click here to join the meeting](#)

Administration of Medication:

Please also carefully read the attached letter regarding the administration of medication. If your daughter requires medication to be dispensed whilst on the Urban Challenge, please complete and return the relevant forms (also attached) by Friday 23 September 2022.

Equipment list:

An equipment list is available on the Urban Challenge website and attached for your information. It is recommended that students do not take mobile devices such as phones or iPods to the Urban Challenge. Should students take such devices, restrictions will be placed on their use during the program. The College will not be responsible for the loss or damage to such items.

Covid Safety:

The safety and wellbeing of students and staff is the highest priority.

The Urban Challenge hold a comprehensive COVID-19 Management Plan, use accredited providers for activities, and have working procedures and contingencies set in place. The program students engage in has been modified to avoid crowded and congested areas, adhering to state and federal guidelines. The Urban Challenge COVID-19 Management Plan addresses general hygiene protocols and physical distancing, the use of public transport, the provision of meals, use of equipment and accommodation.

We anticipate that the Year 9 Urban Challenge will be a positive and memorable experience for each student. Normal College conduct will be expected. Parents will be contacted and asked to collect their daughter if any serious misbehaviour occurs.

With this letter you will find the following attachments:

Attachment	Action	Return by date
List of Clothing/ Equipment required	Please use as a checklist as your daughter is packing for camp.	N/A
Letter from Mrs Anna Masters regarding the Administration of Medication	For parent/carer information, please read carefully.	N/A
Request to Dispense Medication Form (Form 1)	If applicable , parent/carer to complete form, sign and return together with medication (clearly labelled with student name and dosage requirements to be packaged in a sealed plastic bag) and handed to your daughter's assigned team staff leader on the morning Urban Challenge departs (Asthma sprays may be held by the student).	Friday 23 September 2022
Request to Dispense Medication Form (Schedule 8 drugs only – Form 2) and Deed of Indemnity (Schedule 8 Drugs – Form 3)	If applicable , parent/carer to complete form, sign and return together with medication (clearly labelled with student name and dosage requirements to be packaged in a sealed plastic bag) and handed to your daughter's assigned team staff leader on the morning Urban Challenge departs.	Friday 23 September 2022

If you have any queries regarding your daughter's participation in the Urban Challenge, please don't hesitate to contact your daughter's House Coordinator or me (kate.durham@merici.act.edu.au).

Kate Durham,
Deputy Principal Wellbeing