



Merici College - Year 9 Urban Challenge

Online Information & Medical Form

Dear Parents and Caregivers

The Merici College Year 9 Urban Challenge will run from **Wednesday 24th to Friday 26th October 2018.**

A 3 day program filled with fun and adventure, the students will be involved in an unfolding journey taking them around the Sydney CBD and surrounding suburbs. They will organise their own food, travel and selves as they navigate and negotiate their way across the city. The students will learn about team work and real life lessons (such as public transport won't wait for the slow team!) whilst being supervised by a school staff member and guided by an Urban Challenge guide. All this will happen while with friends and learning skills and methods in self-sufficiency, leadership and followership, team responsibility, and much more.

We have created a private page for your school on our website where you will find all the information about our program and how to register your child/ward's details for the Challenge. Please use the information below to log in and fill out the required details.

During the program this private page will allow parents/guardians the opportunity to watch the progress of the teams and play along to help their child/ward's team earn extra points. Using the same login details below (so please keep this in a safe place) parents access challenges, read the teams' daily blogs and view photos and videos of the program. This portal will be open closer to the program and remain open till long after it is finished.

At the end of the Challenge, students and parents alike will be able to log in here to download the images from the program.

How to access the Merici College Year 9 private page on our website and complete the personal and medical details:

1. Go to www.theurbanchallenge.com.au
2. Click on 'My Urban Challenge' and login with:
 - Username: meriurban
 - Password: meri2018
3. Information about the program will appear here.
4. Please then complete the compulsory personal and medical fields.
5. If you choose to purchase any gear for the Challenge from us, full payment will be required at this time.
6. Once the online program form has been completed you will receive a summary of these details onscreen and be emailed this information along with our consent form which you will need to sign and return to the school coordinator by the specified date, please also save these summaries for your own records.

Please navigate our website for further information about The Urban Challenge.

We are looking forward to seeing the students on The Urban Challenge!

The Urban Challenge Team

The Urban Challenge

EQUIPMENT LIST

The following is a recommended equipment list for students attending The Urban Challenge.

Please note items in bold are essential for your well-being.

Wear comfortable clothes - no singlet tops or short shorts.

While completing the challenge you will be staying in youth hostels each night - linen, pillow cases and blankets are supplied.

Gear should be packed in a back pack (your school backpack or rucksack of similar size). Shoulder bags and suitcases are not suitable.

It is important to pack minimal gear as you will be carrying your backpack each day throughout the Challenge.



- > **Rain jacket** - Essential and must be waterproof.
- > **Footwear** - Shoes that are sturdy and comfortable for walking all day. Thongs may be brought to wear in the shower.
- > **Sun hat** - Compulsory. We recommend a soft hat with a wide brim or peak and cape.
- > **Water bottle** - Must be refillable and at least 600ml.
- > Long sleeve shirt & long pants - For sun protection and evening warmth.
- > Polo shirts or T-shirts.
- > Jumper/fleece - Not too bulky.
- > Socks & underwear - One set for each day.
- > Tracksuit/PJs - To sleep in.
- > **1 pack towel - We will supply a pack towel for all students do not bring any other towels.**
- > Swimming costume - You may have the opportunity to swim throughout the Challenge.
- > Toiletries - Don't go overboard as all items have to be carried.
- > Sun screen - Bring a small tube.
- > 2 large garbage bags - For wet gear and waterproofing in the event of rain.
- > **Student ID** - You will receive a student OPAL card for the duration of your Urban Challenge - you will need ID in case your card is checked by an inspector.



Medications: All medications should be listed on the medical form supplied by the school.

Food: Please do not bring any sweets or junk food to The Urban Challenge - there will be plenty of meals to keep you going.

Valuables: Please do not bring the following - mobile phones, your own money, electronic games, iPods, expensive jewellery as we are not responsible for lost items.

Contacts: For general enquiries call our Sydney office on 02 9483 9333 during business hours. If after hours contact is required, please call the office line for the listed number for your program.