SPORTS ACHIEVEMENTS 2012

Australian Schools Team Chess Championships (ASTC) 1 - 2 December

Congratulations to Jayde East, who competed on the weekend at the Australian Schools Team Chess Championship (ASTC). This is the flagship event of the Australian Chess Federation and the culmination of a year of interschool chess with thousands of students competing all around the nation – *almost 1500 play in the ACT alone!* It is a genuinely elite event with only the top school from each state and territory eligible to compete in each division, and is played in a round-robin format. However this year, not all states fielded a team and the ACT supplied a composite team to avoid the chance of a bye each round.

The composite team were ineligible to win a place at the event. The event itself is won by the top school, and these girls came from multiple schools - Canberra Girls’ Grammar, UC Kaleen High School, Melba/Copland School, Caroline Chisholm School, Telopea Park School and Merici College.

Although ineligible for prizes, and although up against vastly experienced players from around Australia, these girls acquitted themselves admirably. Their games are played under long time controls, individual matches often taking close to 2 hours and players must record their moves. They showed fantastic team spirit, collected more than a few points, and gained an immense amount of experience that we hope will allow them to continue to lead and inspire other players at your school.

*Congratulations Jayde – your efforts were much admired!*

Libby Smith, Coordinator of the composite teams

School Sport Australia 12 Years and Under Track and Field National Championships 23 November – 27 November

From 23 November to 27 November Hannah Black (Year 7) competed in the School Sport Australia 12 Years and Under Track and Field National Championships held in Adelaide. We would like to congratulate Hannah on her achievements. Hannah competed in both the 100m individual and the 12 Years Girls 4 x 100m relay team. She ran well in the individual with a time of 13.72 seconds and her Girls Relay Team ran a perfect race (in very hot conditions) to come second with a time of 52.52 seconds winning a silver medal. For ACT to earn a silver medal is very unusual as teams compete against huge states like NSW & Qld. Well done Hannah!

2013 Australian Open Water Championships – Student Selection

Congratulations to Caitlin Manning (Year 7, Ni 2) who has qualified to participate in the 2013 Australian Open Water Championships in February next year in the 5km events. Caitlin has also recently participated in the NSW State Open Water Championships. We wish Caitlin well as she prepares for the championships.
ACT Schools Road Cycling Championships – Wednesday 21 November 2012

Congratulations to Lauren Abraham (Year 10 Tu 1) and Claire Smart (Year 10 Br 5) who competed in the ACT Road Cycling Championships on Wednesday 21 November. Lauren placed 3rd in the Girls U17 Criterium and 2nd the Girls U17 Road Race. Claire placed 4th in the U17 Criterium and 3rd in the Road Race. We congratulate both these students on their achievements.

Good Neighbour Tournament School Girls Division – Saturday 24 November and Sunday 25 November 2012

Congratulations to the mixed Merici College Purple and Red team which took out GOLD in the Good Neighbour Tournament- School Girls Division. The Final game of 5 sets was won by Merici Purple defeating Lynham Maroon 3-2: 25/21, 22/25,22/25, 25/16, 15/12 (almost 2 hours of playing!!!) . We would like to congratulate all the main team which included Gabbi Kalthofen, Bella Aroub, Millie Ensor, Emma Turner, Carlia Zedde, Annie Parnell, Emily Kalthofen. We would also like to acknowledge the valued assistance of Zoe Hasaler, Celia Cossetto, Lillian Cossetto and Emily Hargreaves and Dean Turner for his coaching expertise.

MERICI COLLEGE ATHLETIC OF THE YEAR 2012

Merici College staff and students congratulate Amy Sokic, Merici College Junior Athletic of the Year 2012, and Gabrielle Kalthofen, Merici College Senior Athlete of the Year 2012. Well done girls, we are very proud of you!

School Sport Australia 12 Years and Under Touch Football Championships 29 October – 2 November

Congratulations to Ashleigh Witt (Year 7) on her selection in the School Sport Australia 12 Years and Under Touch Football Championships which will be held in Brisbane on 29 October to 2 November. We wish Ashleigh all the best as she prepares for the Championships.

School Sport Australia 12 Years and Under Track and Field National Championships 23 November – 27 November

Congratulations to Hannah Black (Year 7) on her selection in the School Sport Australia 12 Years and Under Track and Field National Championships to be held in Adelaide on 23 November to 27 November. We wish Hannah lots of success at the championships.

ACT Swimming Pentathlon 9 September 2012

Congratulations to Ebony Norris (Year 7, Ba 1) who won gold at the ACT Swimming Pentathlon meet on Sunday, 9 September at the AIS. The meet involves all swimmers competing in five events (50m freestyle, 50m backstroke, 50m breaststroke, 50m butterfly and 200m Individual Medley) and the times totalled. Ebony won the 13 year old girls event with the lowest combined time across the five events.

National Cross Country Championships August 2012
Congratulations to Emily Ryan and Elizabeth Drew who represented the ACT at the National Cross Country Championships in Adelaide on 25/27 August 2012. In the individual races Emily came 4th in the Under 20 School Championship and Elizabeth came 63rd in the Under 16 race. The individual races were held on Saturday in very muddy and wet conditions. On Monday, Emily went on to win the individual time trial while Elizabeth's ACT relay team came 6th. We congratulate both students on their achievements and wish them well in their future endeavours.

**Cross Country Skiing August 2012**

Congratulations to Sabrina Moir for receiving an outstanding result in the Cross Country ACT & NSW State Championships. Sabrina competed in Division 1 and placed first in the ACT and 9th in NSW State. She has qualified for Nationals.

**Touch Football ACT Primary Girls August 2012**

Congratulations to Danielle Hardgrave on her selection in the School Sport Australia Touch Football ACT Primary Girls competition to be held in Brisbane on 29 October to 2 November 2012. We wish Danielle success as she prepares for the competition.

**National Swimming Championships – Amy Sokic 12 Years Australian Breaststroke Champion**

Congratulations to Amy Sokic who has recently competed at the National Swimming Championships. It was a very hard meet with NSW and QLD teams dominating the medal count. Amy competed in 10 races including relays, individual events and finals. She ranked in the top 10 for the 200IM, 4th in the 100 Breaststroke (making the National Age qualifying time for April next year). She was in the ACT medley relay team that won bronze (they were ranked 6th). Amy swam the 50m Breaststroke on Tuesday afternoon and was ranked third going into the final the next morning. She won the gold medal in 36.54.

**School Sport Australia Volleyball Championships 25 August - 31 August**

We would like to congratulate Emily Hargreaves (Year 9) on her selection to participate in the Volleyball Championships to be held in Bendigo from 25 August to 31 August 2012. We wish Emily well as she prepares for the championships.

**School Sport Australia National Cross-Country Championships 24-27 August**

Congratulations to Emily Ryan (Year 12) and Elizabeth Drew (Year 9) who have been selected to represent the ACT at the School Sport Australia National Cross-Country Championships to be held in Adelaide from 24-27 August 2012. We congratulate Emily and Elizabeth on their achievements and wish them well at the championships.

**School Sport Australia AFL Championships 21-29 July**

Congratulations to Year 10 student Courtney Petty who has been selected to represent School Sport Australia in the AFL Championships which will be held in Adelaide from 21 July to 29 July. We wish Courtney lots of success as she prepares for the competition.

**Volleyball News June 2012**
Congratulations to Zoe Haseler and Emily Hargreaves who have been named in the School Sport ACT Under 16 team for the National Championships. Annie Parnell has been named Captain of the ACT team to compete at the Under 17 National Championships.

On Tuesday 26 June 2012 Merici won the Volleyball ACT Schools Cup Under 17 and were third in the Under 15 competition. The under 17 team defended the title from last year and won without losing a set. Also on Tuesday 26 June, Merici teams won gold, silver and bronze medals in finals of the Volleyball ACT Autumn Open League. The Spring Open League begins July 24 and teams will be named early next week.

We would like to congratulate all our volleyballers for their exceptional achievements.

**Volleyball - ACT Schools Cup** 26 June 2012

Congratulations to the Under 15 and Under 17 Merici teams that have made it through to the final 4 at the ACT Schools Cup. These finals will be played on Tuesday 26 June at Lyneham. A reminder that registration for the next volleyball season, beginning in the first week of Semester 2, are due tomorrow, Friday 15 June.

**ACT 16 Years and Under Girls Hockey Team Selections**

We would like to congratulate Megan Reardon and Celia Cossetto on their selection in the ACT 16 Years and Under Girls Hockey team. The team will be competing in the School Sport Australia National Hockey Championships to be held in Hobart from 11-18 August this year.

**School Sport Australia AFL Championships** 21-29 July

Congratulations to Year 10 students Rebecca Luttrell, Jessica Pearce and Courtney Petty who have been selected to represent School Sport Australia in the AFL Championships which will be held in Adelaide from 21 July to 29 July. We wish the girls lots of success as they prepare for their competition.

**School Sport Australia Swimming Championships** 29 July-3 August 2012

Congratulations to Paula Rusanov, Alexandria Ashley, Ebony Norris and Grace Hoitink who have been selected to participate in the School Sport Australia Swimming Championships to be held in Sydney from 29 July to 3 August.

**ACT Cross Country Championships** Monday 4 June

Congratulations to the following girls who have qualified for the ACT Cross Country Championships and will compete on Monday 4 June 2012. Eliza Baker, Danielle Bewick, Lucy Chilver, Celia Cosetto, Elizabeth Drew, Tegan Garnett, Ashleigh Goodwin, Grace Hoitink, Sabine Hamilton, Daisy Hurford, Chelsea Lifschutz, Sophie Macken, Caitlin Manning, Maddison McGarry, Stephanie Pang and Emily Ryan. We wish the girls lots of success as they prepare for their next competition.

**ACT AFL School Girls Team Selections** May 2012
Congratulations to the following Merici College students who have been selected to represent the ACT in the AFL School Girls team: Courtney Petty, Kaitlin Dobbing, Jessica Pearce, Teena Campbell, Georgia Whitney, Tayah Mott, Georgia Doble, Lucy Doble, Rebecca Luttrell, Shanae Paine and Lucy Cameron. Well done!

**Secondary School Netball Championships** August 2012

Congratulations to Megan Sokic and Jessie Reynolds, Year 9 students on their selection in the ACT School Girls Netball Team. Both students will participate in the Secondary School Netball Championships which will held in Darwin from 4 August – 10 August 2012. We wish Megan and Jessie lots of success as they prepare for the championships.

**Student and Dance Crew selected for World Champions Tour 2012 Participation** – April 2012

Congratulations to Zoe Tuckfield, Year 9 BA2 and her dance crew JSide who were chosen to be one of the local warm up acts for the “World Champions Tour 2012” currently touring Australia and were in Canberra on tour on 29 April. This was a huge local honour and her crew spent many hours during the school holidays training for the event. JSide are now preparing for the Australian Hip-Hop Championships that will be held in Canberra in late June. We wish Zoe and her dance crew lots of success as they prepare for the championships.

**Australian Under 17 Netball Team – Student selection**

Congratulations to Leigh Kalsbeek, Year 11 student who has been named as an invitee in the Australian Under 17 Netball team. We wish Leigh all the best in her future sporting endeavours.

**ACT PSSA Under 12s Netball Selection**

Congratulations to Annie Rebetzke (Year 7) who has been selected in the ACT PSSA Under 12’s Netball Team. Anne will be competing in the Nationals in Adelaide in July this year. We wish Annie great success as she prepares for the Nationals.

**ACT Junior Squash Championships – August 2012**

Congratulations to Sarah Keen, Year 9 who, over the school holidays, competed in the ACT Junior Squash Championships. Sarah ended up coming runner-up in the 15 years girls event, losing only one match over the course of the tournament. This was a very good result for Sarah who has only been playing competition squash for a little over a year. Sarah has been chosen in the ACT representative squad, and may travel to Tasmania later in the year to compete in a National Championship.

**ACT Under 15 Softball Team Grand Final Success**

Congratulations to the following Merici girls who are in the ACT Under 15 Softball Team and competed in the Australia Day Carnival at Canberra, competing against teams from Melbourne, Adelaide and Sydney and beat a strong Waverley side in the grand final. The Merici girls are: Tegan Folkard, Karly O’Malley, Isobel Pardoe, Brittney Reynolds, Jessie Reynolds. Following the grand final the girls competed in the Easter Carnival at Waverley, Melbourne on the weekend and won the grand final against Adelaide, in a game that went to an extra innings and then won by only one run. All girls played very well with a number of home runs and some excellent fielding.
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**School Sport Australia Championships Softball 28 April – 5 May**

Congratulations to Sarah Greenwood, Year 10 student, on her selection to represent School Sport Australia in the Australia Championships Softball to be held in Canberra from 28 April to 5 May 2012. We wish Sarah all the best as she prepares for this event.

**North Zone Swimming Carnival results 27th March 2012**

Congratulations to students Amy Sokic and Tayla-Jane McIntosh. Both students performed exceptionally well for Merici at the North Gungahlin Zone swimming carnival on 27 March 2012 at the AIS. The girls achieved the following results:

<table>
<thead>
<tr>
<th>Amy Sokic</th>
<th>Tayla-Jane McIntosh</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st 200IM 2:42.73</td>
<td>2nd 200IM 259.81</td>
</tr>
<tr>
<td>1st 50 Freestyle 29.98</td>
<td>2nd 50 Freestyle 32.74</td>
</tr>
<tr>
<td>1st 100 Freestyle 1:07.47</td>
<td>3rd 100 Freestyle 1:15.75</td>
</tr>
<tr>
<td>1st 100 Breaststroke 1:24.83</td>
<td>2nd 100 Breaststroke 1:34.64</td>
</tr>
<tr>
<td>1st 50 Butterfly 34.21</td>
<td>2nd 50 Butterfly 37:46</td>
</tr>
<tr>
<td>1st 50 Breaststroke 37.83</td>
<td>2nd 50 Breaststroke 41.80</td>
</tr>
<tr>
<td>1st 50 Backstroke 34.87</td>
<td>2nd 200 freestyle 2:43.60</td>
</tr>
</tbody>
</table>

**ACT Little Athletics State Championships 23-25 March 2012**

Congratulations to the following students who competed in the ACT Little Athletics State Championships on 23rd–25th March held at the Australian Institute Track.

**Ashleigh Lawrence** (Year 7) placed 1st in the under 12 girls Discus Event (25.57m throw), 1st in under 12 girls Shot Put event (9.58m throw) and 2nd in the under 12 girls Javelin event (17.05m throw)

**Rachel Alchin** (Year 9) competed in the Under 14 Girls competition and placed 3rd in Long Jump – (4.63m), 3rd in Triple Jump (9.90m), 2nd in Shot Pud (9.54m), 1st in Discus (30.89m) and 2nd in Javelin (24.31m).

**Steffi Taylor** (Year 9) placed 2nd in High Jump (1.34m). Non-podium results: 8th in 100m Sprint (14.51s), 4th in Shot Put (8.35m) and 4th in Discus (23.57m)

(Pictured: Ashleigh Lawrence receiving her medal (centre front) pictured with Australian Olympian Lauren Boden)
**Swimming Carnival Results**  Thursday 15 March 2012

Congratulations and well done to all competitors and supporters who made us very proud to be part of the Merici College Community on Thursday 15 March at our Swimming Carnival. We would like to congratulate Seiwa who were the overall winners and the winners of the House Spirit Award.

Congratulations to Ebony Norris (Balgo) who won the Merici Marlin and the following students who achieved Age Champions:

- **12yrs**  Amy Sokic (Brescia)
- **13yrs**  Ebony Norris (Balgo)
- **14yrs**  Alexandra Ashley (Seiwa)
- **15yrs**  Lauren Abraham (Tullow)
- **16yrs**  Paula Rusanov (Seiwa)
- **Opens**  Jessica Hargreaves (Tullow) and Melissa Taylor (Seiwa)

A huge thank you must go to the parent helpers and supporters for spending the day with us and helping out with the Carnival. Without them, we would not have been able to hold such a successful community event.

**ACT Secondary Schools Singles Tennis**  March 2012

Congratulations to Stephanie Pang who defeated her sister Jacinta Pang in a tie breaker and went on to win the Consolation Final of the ACT Secondary Schools Singles Tennis Event. Both girls represented Merici College with distinction and are in the selection panel to play for the ACT in the Pizzey Cup at the beginning of Term 2.

**ACT Volleyball Selections**  20 March 2012

We would like to congratulate the following ten girls from Merici College who have been selected in ACT Volleyball Under 15 and Under 17 teams. Congratulations to Emma Turner, Gabrielle Kalthofen, Isabella Aroub, Annie Parnell, Carla Zedde, Tegan Hedington, Celia Cossetto, Lillian Cossetto, Sophia Caputo and Emily Kalthofen. This is an amazing result!

**Tennis Singles 13 Yrs and Over**  March 2012

Congratulations to Stephanie and Jacinta Pang who made the Quarter finals of the main Tennis drawer on Wednesday 7 March before joining the Consolation drawer. They will be playing against each other in the Consolation Semi-finals of the ACT Secondary Singles Tennis Event on Wednesday 14th March with our best wishes.

**NSW State Oztag Championships**  10-12 February 2012
We would like to congratulate students Lucy Doble, Georgia Doble, Kelly Maher and Isabella Cadona who participated in the NSW State Oztag championship held in Minto from 10-12 February. All four girls are members of the ACT U15 Girls team and they came out victorious winning the Grand Final against the Picton Razorbacks 2-1. At full time the score was locked at 1 all and after 25 minutes of golden point extra time the ACT side scored and were crowned the NSW U15 Girls champions. The game was played in wet conditions and it was a great effort by the girls.

**NSW Country Championships Swimming** 25-26 February

On 25-26 February Ebony Norris (Year 7, Balgo 1) competed in the NSW Country Championships at Sydney Olympic Park. Ebony achieved some very good personal best times and won nine medals from 11 swims. Her results are as follows:

<table>
<thead>
<tr>
<th>Event</th>
<th>Medal</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 year old 50 Freestyle</td>
<td>Gold</td>
</tr>
<tr>
<td>12 year old 200 Butterfly</td>
<td>Silver</td>
</tr>
<tr>
<td>12 year old 200 Freestyle</td>
<td>Silver</td>
</tr>
<tr>
<td>12 year old 100 Freestyle</td>
<td>Bronze</td>
</tr>
<tr>
<td>12 and under girls 4 x 50 Freestyle Relay</td>
<td>Bronze</td>
</tr>
<tr>
<td>12 year old 100 Butterfly</td>
<td>Silver</td>
</tr>
<tr>
<td>12 year old 200 Breaststroke</td>
<td>Silver</td>
</tr>
<tr>
<td>12 year old 200 IM</td>
<td>Silver</td>
</tr>
<tr>
<td>12 and under girls 4 x 50 Medley Relay</td>
<td>Silver</td>
</tr>
</tbody>
</table>

Ebony has also been selected in a NSW Swimming Development squad ("Sharks") for emerging talent 12-13 year olds - one of only 2 ACT swimmers to be selected in that squad for 2012. We congratulate Ebony on her wonderful achievements.

**Nicola McColl wins NSW State Open Masters Girls Title** February 2012

An update on what Nicola has been up to lately with her tenpin bowling. In January Nicola bowled in the NSW Country Championships and won the Restricted Ladies Masters title and last week we were in Maitland where Nicola won the NSW State Open Masters Girls Title. This win included, trophy, prize money, shirt, paid entry to represent NSW at the National Masters Championships in Sydney in April and also free entry into the Sydney Junior Cup. Nicola also represented the ACT in the National Youth Titles in Werribee in January and although not winning any individual awards, help the ACT girls finish sixth in the competition, which is their highest placing for some time.

**Open Women’s D Double Skulls Bronze Winners** February 2012

Congratulations to Matilda Jesiolowski and Georgia Allen who won bronze in the Open Women's D Double Skulls at the recent Black Mountain Rowing Regatta.