Netball at Merici – Registration for the 2023 Winter Competition opens soon

Netball is one of the sports available to students through Merici's Co-curricular program.

Merici Netball is the organisation established by the College to enable students to play netball, for the college, in the North Canberra Netball Competition (NCNC). Merici Netball is managed by the Merici Netball Committee, which is made up of parent and carer volunteers, and the College's Co-curricular Co-ordinator.

North Canberra Netball Competition

The competition runs from March to September. Games are played on Saturdays between 8.30am and 4.00pm, at both Lyneham and Charnwood netball courts.

Merici Netball fields teams in the Intermediates and Cadets age groups in the girls' competition. In 2022 we had 12 intermediate teams and 4 cadet teams. Each age group comprises several divisions.

Intermediates is for players up to 15 years of age¹ (typically in years 7 to 9).

Cadets is for players over 15 years of age (typically in years 10 to 12).

Find out more about the NCNC at <u>NCNC Winter Competition - Canberra Netball Association</u> - CNA

What you need to know

Registering to play

To play in the North Canberra Netball Competition a player must be registered for the current season. Players self-register using Play HQ.

Instructions on how to register will be emailed to all students next week.

Registration fee

Registration fees are paid as part of the registration process. Fees for 2023 are \$220 for both intermediates and cadets.

The fee includes the competition entry fee, insurance cover for injuries sustained while playing netball and the Merici Netball fee, which covers umpire fees, equipment, and administration costs.

Uniform

All Merici Netball players are required to wear the college's NCNC-approved netball uniform, which is the Merici netball dress.

¹ The upper age limit is based on the age the player will be at the end of the competition year.

Merici sports hoodies, while not compulsory, can be worn by players when they are not playing.

Merici netball dresses and sports socks are available for purchase through the college's uniform shop.

Forming teams

Merici Netball's aim is to form balanced teams comprising players of similar skill level and ability.

To meet this aim teams may be comprised of players from different school years and vary in composition from year to year.

Merici Netball assesses a player's skills based on:

- college-run skills assessment sessions
- netball experience with Merici Netball
- netball experience outside Merici Netball (eg. with a club or association).

The college-run skills assessment sessions are based on drills and game play. Players are observed and rated by a panel of experienced coaches, drawn from within, and outside of, Merici Netball.

All new and returning players are required to participate in the skills assessment sessions.

More information about the skills assessment sessions will be emailed once registrations have closed.

Team management

Each netball team requires a coach and a manager. The roles are usually performed by parents of players in the team.

The overarching role of the coach is to develop the netball skills of the players in their team. Coaches are supported by the netball committee and provided with access to on-line resources.

The role of the manager is to support the coach by taking care of the administrative tasks involved in running a netball team, giving the coach space to focus on developing the players. Managers are also supported by the netball committee.

There will be a call-out for coaches and managers once the teams have been formed.

Training

Merici Netball expects that teams will train once a week during the season. All players are expected to participate in their team's training sessions.

Training sessions are organised by the coach and held at the school in the afternoon or evening.

Umpires

Merici Netball is required to provide an umpire for each team participating in the NCNC. To ensure we can meet this requirement Merici Netball encourages, and supports, students to become umpires. A student does not have to play netball to become an umpire.

Merici Netball has an Umpire Coordinator to support our umpires and manage their assignment to teams.

There will be a call-out for umpires in the next few weeks.

Want to find out more?

Merici Netball is hosting an information session at the college on Wednesday 8 February. It will be held in the gym and run from 3.45pm to 5.00pm. Come along and have your questions answered.