

# PARENT ADVICE

## **ONLINE SAFETY**

## **Parent Tips**

Your child's sleep can be severely disrupted with the use of devices late at night. Backlit devices and blue light from phones and tablets have been shown to prohibit sleep hormones, and experts believe that turning off devices 2 hours before bedtime can mitigate the risk of harming those hormones, both for adults and teens.







## **FORTNITE: BATTLE ROYALE**

Teamwork 🔸

Can be educational



Violent

(5) In-app purchases Chat and voice chat

### WHATISIT?

Fortnite Battle Royal is a multi-player, military style battle game, which is currently one of the most popular games available. It can be played on many platforms.

#### WHATARE THE RISKS?

Although cartoon-like, some parents have expressed concern that the violence is too life-like, as well as unease that players are required to kill other people to survive (rather than monsters or machines or aliens), using weapons such as knives and semiautomatic rifles. There is no visible blood however.

Another concern is the portrayal of the avatars, and in particular, the over-sexualised way that female characters are depicted.

Video chat functionality and in-app purchases (for upgraded skins, avatar costumes and dance moves) are always a concern when dealing with younger children, however these features can be turned off / muted in the settings feature of your child's device or through your iTunes account.







## ANTI-CHAT - CHAT WITH STRANGERS

#### **PROS**

#### CONS

Photos can be shared Extreme sexual content

In-app purchases

#### WHATISIT?

Anti-chat, Chat with Strangers (Anti-chat) is an anonymous chat game app that allows users to post self-destructing messages, photos, and talk to strangers about any topic whatsoever.

#### WHATARETHERISKS?

Anti-chat promotes sharing secrets and confessions, and meeting strangers online in an anonymous forum.

The app is rated as being suitable for users aged 17+, however there is no way to verify the age of users.

Anit-chat encourages sexually explicit and inappropriate content, meetings and 'hook-ups' and playing 'truth or dare' with photos and text.

For more information and helpful parent tips regarding your child's tech use, go to

www.perimeterguardian.com.au/insights



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