

# Navigator - for 15 - 17 year old's



**Navigator** - The best stepping stone to adulthood! During this 12 day adventure you will be challenged and inspired, make friends for life, gain confidence to be yourself and discover untapped abilities and skills you never realised you had. Navigator provides you with an opportunity to disconnect from the everyday strains of being a young adult and gives you time to breathe and reflect about your future. This is a once in a life time opportunity for emerging young adults to excel beyond the 4 walls of a classroom. You will leave the Navigator program with new skills and a new outlook on what you are capable of. The key learning outcomes for this program are: self-awareness, self-confidence, leadership development, initiative & motivation.

*“Incredibly extraordinary! A once in a lifetime experience that has helped me learn more about myself and who I want to be. I will be constantly drawing inspiration from the time I had with Outward Bound as it is one of the best things I’ve ever done.”*

*(Navigator Participant 2016 )*

The program fee is \$2,280. Outward Bound Australia provides your back pack, sleeping bag and mat, shelter, group gear and food. All you would be required to bring along are your personal items.



**Navigator** - Australian Alps - Immerse yourself in the beauty of the Australian Alps, just a 30min drive from Canberra CBD. Navigator - Australian Alps is set in the spectacular sub-alpine terrain of Namadgi National Park, starting from our bushland property and National Base at Tharwa. We do set pickups/ drop offs from Jolimont Bus Terminal and the Canberra Airport on the first/ last day of program at no extra cost.

The next available Navigator - Australian Alps program commences on the 1st of October - 12th of October 2018.

### **Start of program:**

**Pick up:** Jolimont Bus Station: 9:30am

**Pick up:** Canberra Airport: 10.30am

Arriving at Base camp at 11.00am

### **End of program:**

Depart basecamp 1:00pm

**Drop off:** Canberra Airport: 2:00pm

**Drop off:** Jolimont Bus Station: 3:00pm

All pickup/ drop offs outside of this time will incur a \$30 administration fee which will be invoiced to you after the completion of program.



## Navigator - Australian Alps Activities:

Your adventure includes hiking through the Australian Alps, navigation, high ropes challenges, giant ladder, abseil, above ground caving, problem solving/ team building activities, personal reflection & overnight solo\*

**\*Solo (overnight):** is conducted in a controlled and supervised manner, with a lot of surrounding safety procedures (typical safety briefing for solo takes 30+ minutes).

- All participants have a whistle and are within earshot of instructors.
- Participants are roughly 30m - 50m from one another (depends on how thick the bush is).
- Receive individual food, shelter and other necessities.
- Amazing opportunity for personal reflection and goals setting - free of distractions.

## Links and Further Information:

Click [here](#) to view the blogs from our most recent programs.

Click [here](#) to watch footage of the activities undertaken on our programs.



# Young Explorer - for 12 -14 year old's



**Young Explorer** - Inspiring youth development! During this 5 day adventure you will be challenged and inspired, make friends for life, gain confidence to be yourself and discover untapped abilities and skills you never realised you had. Young Explorer provides you with an opportunity to disconnect from the everyday strains of being a teenager and gives you time to breathe and reflect about your future. This is a once in a life time opportunity for early teenagers to excel beyond the 4 walls of a classroom. You will leave the Young Explorer program with new skills and a new outlook on what you are capable of. The key learning outcomes for this program are: self-awareness, self-confidence, a spirit of initiative & adventure, and fun!

“You will have the best experience ever. You will have so much fun and learn new life skills, and you get to meet new friends.”

(Participant Testimonial 2017)

The cost of the Young Explorer program is \$990. Outward Bound Australia provides your back pack, sleeping bag and mat, shelter, group gear and food. All you would be required to bring along are your personal items.

Click [here](#) to view the blogs from our most recent programs.



Click [here](#) to watch footage of the activities undertaken on our programs.



# YOUNG EXPLORER - AUSTRALIAN ALPS



**Young Explorer - Australian Alps** - Immerse yourself in the beauty of the Australian Alps, just a 30min drive from Canberra CBD. Young Explorer - Australian Alps is set in the spectacular sub-alpine terrain of Namadgi National Park, starting from our bushland property and National Base in Tharwa. We do set pickups/ drop offs from Jolimont Bus Terminal and the Canberra Airport on the first/ last day of program at no extra cost.

The next available Young Explorer - Australian Alps program commences on the 6th of Oct - 10th of Oct 2018.

## **Start of program:**

**Pickup:** Jolimont Bus Station: 9.00am

**Pickup:** Canberra Airport: 9.30am

**Arriving at base:** 10.00am

## **End of program:**

**Departing base:** 3.00pm

**Drop off:** Canberra Airport at 3.30pm

**Drop off:** Jolimont Bus Station at 4.00pm

All pickup/ drop offs outside of this time will incur a \$30 administration fee which will be invoiced to you after the completion of program.

## **Young Explorer- Australian Alps Activities:**

Your adventure includes hiking through the Australian Alps, raft building, orienteering, climbing wall, giant swing, giant ladder, community service, problem solving and team building activities. You will learn how to set up a camp site, help prepare camp meals and develop a passion for the environment in which your adventure will be had .



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