

Thank you so, so, so, so much for last Sunday, and for teaching us all about what is on the road ahead of us. I loved what we made together, and I loved the way you described things in great detail. The workshop was great fun, I can't describe how much!

— Jasmin, 11

It was such a delight to share Celebration Day for Girls with my beautiful girl and feeling a new dimension emerge in our relating since. So lovely!

— Lisa

Since Celebration Day Sophie has been so chatty and open—asking questions and talking about the changes and experiences of puberty. I'm so pleased.

— Karen

In 2000, Jane Bennett launched **Celebration Day for Girls**. Its popularity has seen it spread internationally with over 100 trained facilitators in 11 countries. Several thousand mothers and daughters have benefited from **Celebration Day**.

Celebration Day for GirlsTM



Do you remember what your first period was like? How would you like this experience to be for your daughter?

Celebration Day for Girls is a one day mother-daughter workshop that prepares your daughter for puberty and menarche (a girl's first period).

Celebration Day supports girls to have a positive outlook towards how they look, think and feel at this stage of their lives. Empowering them to be happier, more resilient and confident young women.

Sunday 10-4pm 28 October 2018

Mother's Session Friday 7-9pm, 26 Oct Venue: 9 Stone Place, Garran

Cost: \$165 (Bookings close 20 October)

Bookings: https://www.trybooking.com/XYET



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Educating and Empowering Girls www.celebrationdayforgirls.com