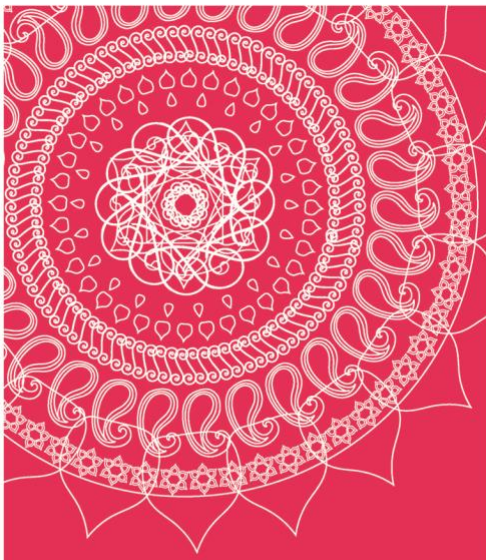


Celebration Day for Girls™



Thank you so, so, so, so much for last Sunday, and for teaching us all about what is on the road ahead of us. I loved what we made together, and I loved the way you described things in great detail. The workshop was great fun, I can't describe how much!

— **Jasmin, 11**

It was such a delight to share Celebration Day for Girls with my beautiful girl and feeling a new dimension emerge in our relating since. So lovely!

— **Lisa**

Since Celebration Day Sophie has been so chatty and open—asking questions and talking about the changes and experiences of puberty. I'm so pleased.

— **Karen**

In 2000, Jane Bennett launched **Celebration Day for Girls**. Its popularity has seen it spread internationally with over 100 trained facilitators in 11 countries. Several thousand mothers and daughters have benefited from **Celebration Day**.



For girls 10–12 years and their mothers

***Do you remember what your first period was like?
How would you like this experience to be for your daughter?***

Celebration Day for Girls is a one day mother-daughter workshop that prepares your daughter for puberty and menarche (a girl's first period).

Celebration Day supports girls to have a positive outlook towards how they look, think and feel at this stage of their lives. Empowering them to be happier, more resilient and confident young women.

Sunday 10 am – 4 pm 7 April 2019

Mother's session Friday 7-9 pm, 5 April

Venue: Entire Physio 59 Cooma St

Queanbeyan

Cost: \$200 (Bookings close 1 April)

For Bookings:

<https://www.trvbooking.com/BBGND>



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Patricia is an Education Support Specialist. Her business *Social Living Solutions* offers social and life skills services to school age children needing support in these areas.

Educating and Empowering Girls
www.celebrationdayforgirls.com