

HYPOGLYCAEMIA

LOW if Blood Glucose Level is below: _____
TREAT IMMEDIATELY

Signs and symptoms

Note: Symptoms may not always be obvious

**DO NOT LEAVE STUDENT UNATTENDED
 DO NOT DELAY TREATMENT**

Student conscious & cooperative
 Able to eat/drink hypo treatment

Hypo treatment or fast acting carb:
 As supplied or listed on management plan

Recheck BGL after _____ mins

If level is below _____ repeat fast acting carb

Student unconscious or drowsy
 Risk of choking or unable to swallow

First aid
 Place student on their side and stay with the student

**CALL AN AMBULANCE
 DIAL 000**

Contact parent or guardian
 when safe to do so

Student

DOB _____

Grade _____

Key contact details

Name _____

Phone _____

Relationship _____

Name _____

Phone _____

Relationship _____

Injection

Student can self-administer insulin injection

Yes With Supervision No

In room/location _____

Staff supervisor/s _____

Routine glucose level checking times

Finger Prick/Lancet

Continuous Glucose Monitoring

Flash Monitoring

When student feels unwell

Prior to lunch

Prior to physical activity

Prior to recess/snack

When hypo suspected

Prior to exam/tests

HYPERGLYCAEMIA

HIGH if Blood Glucose Level is above _____
 (High BGLs are not uncommon)

Signs and symptoms

Note: Symptoms may not always be obvious

Student well
 Re-check BGL in 2 hours

Encourage student to drink water and return to class. Allow extra toilet privileges.

In 2 hours, if BGL still above _____ call key contacts for advice

Student unwell
 e.g. vomiting

Check ketones
 Yes (refer to plan)
 No

Call key contact(s) to collect student ASAP

Clinic: _____
 Clinic contact: _____
 Contact No: _____