

8 February 2023

Dear Parents and Carers,

Year 7 students will be attending a camp in Week 6 of Term 1 at The Tallong Outdoor Education Centre NSW. The details are as follows:

Balgo, Brescia and Penola Houses: 6 – 8 March 2023

Ningil, Seiwa and Tullow Houses: 8 – 10 March 2023

Depart: 9.00am for 9.30am departure. Students are to meet in the AUD when they arrive at the College.

Return: Approximately 3.00 pm

The Year 7 Camp is an excellent opportunity for students to develop relationships with their peers and enjoy diverse experiences outside of the formal school setting. It is expected that all students will attend the Camp. Students will be involved in various activities at the Camp for which all equipment will be provided. The cost of the Camp is included in Term One school fees and covers all expenses including activities, accommodation, meals, and transport.

Food for the trip

All meals and delicious snacks will be provided. Students are asked to bring morning tea for the first day. Students will need to have access to these in a day pack.

Cabin Allocation and Activities Groups

Students will stay in Cabin style accommodation for one night and camp out in a tent for the other. Each student will share cabin and activity groups with students from their own PC and House group. The aim is to make every student feel comfortable and to have the opportunity to make new friends. Students will be participating in various activities including, bush hike, low ropes, high ropes, orienteering, team building challenges and initiatives. Merici teachers and qualified instructors will supervise all activities.

Equipment/Packing List

A detailed packing list is attached and will also be available on SEQTA. Students will need to supply their own sleeping mat for the Camp out.

Electronic Devices

It is recommended that students do not take electronic devices such as phones. If there is a need to contact your child or a member of staff, please contact (02) 4841 0439. Students will also be permitted to use this phone to contact parents should the need arise.

Medication

Please also carefully read the attached letter regarding the administration of medication. If your daughter requires medication to be dispensed whilst on Camp, please complete and return the relevant forms (also attached) by **17 February 2023**.

Should your child require medication to be administered during camp (including Panadol and Nurofen), please package this in a sealed plastic bag and on the morning of camp and given to your Daughter's House Coordinator.

Epipens and Asthma sprays may be held by the student, but please provide the First Aid Officer with any extra instructions for usage. The bag should be clearly labelled with the student's name and dosage requirements. Please ensure that you have returned the appropriate medication consent forms prior to your child's departure for camp. In an anticipation of increased pollen levels, it is also recommended that if your daughter suffers from hay fever that they bring antihistamine medication.

To confirm your daughter's attendance at Camp, please complete the following form no later than **17 February 2023**. Please complete the compulsory personal and medical fields.

<https://forms.microsoft.com/r/JUZ76wJX1X>

Once the online form has been completed, you will receive a summary of the information provided along with the pdf copy of the consent form.

By consenting for your daughter to attend the Camp, we ask that you acknowledge that this event/activity is required to be held in accordance with any current NSW/ACT Health COVID-19 Public Health Orders and the Merici College policies and procedures. We ask that you acknowledge and accept that there is a risk that your child may be exposed to COVID-19 whilst attending and participating in this event. We ask that your child does not attend if displaying any symptoms of illness and/or if directed to isolate under public health orders. You will be asked to collect your child or make suitable arrangements for collection should it be identified your child has COVID symptoms or tests positive for COVID whilst attending the excursion.

We anticipate that the Year 7 Camp will be a positive and memorable experience for each student in the year group. Normal College conduct will be expected, and the Tallong safety rules will also apply. Parents will be contacted and asked to collect their daughters if any serious misbehaviour occurs.

With this letter you will find a copy of the following attachments

Attachment	Action	Return by date
Permission form	Please complete online. https://forms.microsoft.com/r/JUZ76wJX1X	Monday 20 February
Letter – Administration of Medication – Year 7 Camp	For parent information	N/A
Form 1 -Request to Dispense Medication	If applicable, parent to complete, sign and return the hard copy form to your Daughter's House Coordinator. On the day of departure for camp hand the medication (clearly labelled with student name and dosage requirements and packaged in a sealed plastic bag) to the designated First Aid officer. (Asthma sprays may be held by the student)	Monday 20 February Monday 6 March or Wednesday 8 March
Form 2 -Request to Dispense Medication (Schedule 8 drugs only)	If applicable, parent to complete, sign and return the form to your daughters House Coordinator . On the day of departure for camp hand the medication (clearly labelled with student name and dosage requirements and packaged in a sealed plastic bag) to the designated First Aid officer.	Monday 20 February Monday 6 March or Wednesday 8 March
Form 3- Deed of Indemnity (Schedule 8 Drugs)	If applicable, parent to complete, sign and return the form to students Pastoral Care Teacher.	Monday 20 February

If you have any queries regarding your daughter's participation in the Camp, please do not hesitate to contact your daughter's House Coordinator or myself on 62434100 or email kate.durham@merici.act.edu.au.

Balgo House – Mrs Kyla Firman kyla.firman@merici.act.edu.au

Brescia House – Miss Jess Tillack jessica.tillack@merici.act.edu.au

Ningil House – Mrs Rebecca Casey Rebecca.casey@merici.act.edu.au

Penola House – Mr Damian Brogia Damian.borgia@merici.act.edu.au

Seiwa House – Mrs Louisa Barnsley louisa.barnsley@merici.act.edu.au

Tullow House – Mrs Emma Kennedy emma.kennedy@merici.act.edu.au

With kind regards

A handwritten signature in black ink that reads "Kate Durham". The signature is written in a cursive style with a large, stylized 'K' and 'D'.

Kate Durham

Deputy Principal Wellbeing