

5 June 2023

Event	Year 12 Retreat				
Location	Warrambui Retreat and Conference Centre				
	322 Greenwood Road				
	Murrumbateman NSW 2582				
Date	Wednesday 19 July –	Time	Leave: 4.15pm (19 July)		
	Friday 21 July 2023		Return: 3.15pm (21 July)		
Transport	Chartered coach	Uniform	Neat, casual clothing		
Cost	Nil – covered in school fees	Contact no.	0409482483		
Return of note	Friday 23 June 2023				

Dear Parent/Guardians,

As Year 12 come to the end of their journey at Merici College, they are required to attend their annual Year 12 Retreat. It is an overnight Retreat from Wednesday (after school) 19 July to Friday 21 July 2023. Students will have normal lessons on Wednesday 19 July before leaving for the Retreat at the conclusion of the school day.

The Year 12 Retreat is called "Into the Light It is a compulsory "camp style" session off campus. It will be facilitated by Veronica Harrold-Carter (Head of Mission and Community). The venue is conducive to reflection, meditation, spiritual journaling, walking, and drawing. The Retreat has a very strong spiritual focus to allow students to reflect deeply as their journey at Merici comes to an end. Students are encouraged to discuss their goals for Year 12 and for the years ahead and to reflect on the potential for the transformation that exists in the obstacles and difficulties they will encounter in their future. Students will be led to a deeper awareness of the values and beliefs necessary to achieve their dreams through an exploration of the metaphor of light. Students will also participate in active team-building games, walking, short bushwalk(s) and an evening campfire (weather permitting).

The Retreat will be held at the Warrambui Retreat and Conference Centre in Murrumbateman, a perfect venue for reflection. The students will travel by coach; leaving Merici College at 4.15pm on Wednesday afternoon, returning to Merici College at 3.15pm on Friday afternoon.

Dress for the Retreat days will be neat casual. All food for the overnight component conference is provided. Students are requested to bring the following:

- Due to Covid restrictions, student must provide their own: pillow, pillow case, doona/sleeping B\bag, top and bottom sheets and Towel
- Appropriate shoes for bushwalking/walking: walking shoes or joggers with covered, non-slip soles
- Warm winter Clothes for layering including: warm coat, rain jacket, beanie, gloves, scarf
- Refillable water bottle, hat
- Casual and Comfortable clothing e.g. tracksuit pants, jumper

The cost of the Retreat is included in school fees. This includes all meals, accommodation, and coach travel to and from the venue.

MERICI COLLEGE

Wise St Braddon ACT 2612 GPO Box 154 Canberra ACT 2601 Telephone (02) 6243 4100 Facsimile (02) 6243 4199 principal@merici.act.edu.au www.merici.act.edu.au Please click <u>here</u> to find the permission note and medical information form that must be completed no later than Friday 23 June 2023. The consent form is an online form and will be received electronically. You will receive an email to your nominated email address (entered on the permission note) to CONFIRM your online permission.

For further information, please do not hesitate to contact us on 6243 4157 before the excursion.

Yours sincerely,

V Harrold-Carter

Veronica Harrold-Carter Head of Mission and Community

## Archdiocese of Canberra and Goulburn Consent Form

## Category C & D Excursions

Excursion To	Year 12 Retreat	
Date(s)	19 July 2023 – 21 July 2023	
Location	Warrambui Retreat and Conference Centre, Murrumbateman NSW 2582	
Organising Teacher	VERONICA HARROLD-CARTER	

Student Details		School Merici College, Braddon, ACT			
Surname			Emergency Contact		
Given Name				Name	
Date of Birth				Phone	
Year		PC		Relationship	

Student Medical Details				
Please detail any medical conditions and treatment plans for your child, relevant to this excursion that we have not already been notified about.		OR	No changes or new medical information	
Student Dietary Requirements Please outline your daughter's special dietary requirements.		OR	No changes or dietary information	

## Parental Consent

I give my consent for her to participate in this excursion and agree to delegate my authority to the staff and instructors involved. Such teachers and instructors may take appropriate disciplinary action they deem necessary to ensure the safety, well-being, and successful conduct of the students as a group, or individually in the above-mentioned activity.

I submit the attached medical information about the abovementioned student and include details of limitations, which he/she has for the activities concerned.

If I cannot be contacted to give approval for medical assistance, I authorise the teachers and instructors to obtain medical assistance, which they deem necessary should an accident occur. If I am unable to be contacted to give approval, I further authorise qualified medical practitioners to administer anaesthetic if such an eventuality arises. I agree to pay all medical expenses incurred on behalf of the abovementioned student.

I accept that my child is to behave in an appropriate manner and have explained this obligation to her. I agree that if my child seriously contravenes behavioural expectations she may be immediately excluded.

I give permission for images taken on this excursion of my child to be used by the school in school and system publications, both print and electronic. Please note that Merici can accept the returning of permission notes from a registered parent/guardian email address. There is no need to print and scan

Parent/Guardian Signature	
Date	